1  
00:00:02,660 --> 00:00:05,540  
好各位师友同仁啊  
  
2  
00:00:05,580 --> 00:00:07,740  
那么咱们接着聊咱们的金匮  
  
3  
00:00:07,740 --> 00:00:10,680  
要略呃，承接上次呢  
  
4  
00:00:10,760 --> 00:00:14,880  
那么我们还是接着聊这个水汽的部分啊  
  
5  
00:00:14,960 --> 00:00:17,720  
接着聊这水汽的部分，还有最后一讲  
  
6  
00:00:21,440 --> 00:00:23,120  
呃29条  
  
7  
00:00:24,840 --> 00:00:26,280  
原文，第29条  
  
8  
00:00:29,440 --> 00:00:32,520  
皇汉之病啊这一部分原文呢  
  
9  
00:00:33,200 --> 00:00:35,000  
呃，方子比较简单  
  
10  
00:00:35,520 --> 00:00:39,920  
最后结尾缀了一张桂枝黄芪汤啊  
  
11  
00:00:41,760 --> 00:00:43,800  
但是这个方呃方的条文啊  
  
12  
00:00:43,840 --> 00:00:45,920  
相对来说文字简单  
  
13  
00:00:46,400 --> 00:00:48,680  
但是意思呢，比较错杂啊  
  
14  
00:00:49,150 --> 00:00:51,510  
咱们金匮之中每每有类似的地方  
  
15  
00:00:51,910 --> 00:00:52,110  
呃  
  
16  
00:00:52,110 --> 00:00:56,380  
那包括我们下头第30条，情况也相似  
  
17  
00:00:56,700 --> 00:00:57,860  
不难啊  
  
18  
00:00:57,860 --> 00:00:59,300  
但是他讲的概念呢  
  
19  
00:00:59,460 --> 00:01:01,300  
比较呃，比较杂乱  
  
20  
00:01:01,740 --> 00:01:04,860  
所以这块我们就只要把它梳理清楚的啊  
  
21  
00:01:05,060 --> 00:01:06,300  
就没有什么问题了  
  
22  
00:01:07,370 --> 00:01:09,850  
那么这一个部分讲了什么呢  
  
23  
00:01:11,370 --> 00:01:12,450  
说了四个概念  
  
24  
00:01:13,670 --> 00:01:13,870  
呃  
  
25  
00:01:14,270 --> 00:01:19,870  
历劫、劳气、恶疮和皇汉啊  
  
26  
00:01:20,700 --> 00:01:21,620  
那么这四个呢  
  
27  
00:01:21,620 --> 00:01:25,700  
实际上又彼此之间，我们讲叫一元  
  
28  
00:01:25,740 --> 00:01:26,820  
而四齐啊  
  
29  
00:01:26,820 --> 00:01:30,700  
本身它的这个道理核心是一个，呃  
  
30  
00:01:30,780 --> 00:01:31,740  
只是转归不同  
  
31  
00:01:32,870 --> 00:01:33,870  
那我们一个一个捋  
  
32  
00:01:34,870 --> 00:01:37,190  
黄汗治病，两静自冷  
  
33  
00:01:38,370 --> 00:01:40,210  
那么上承接上次课呢  
  
34  
00:01:40,210 --> 00:01:41,770  
我们当时聊过这个问题  
  
35  
00:01:42,250 --> 00:01:42,890  
黄汗啊  
  
36  
00:01:42,930 --> 00:01:46,370  
他就是身体出现的汗液呈现黄色  
  
37  
00:01:48,160 --> 00:01:51,800  
这个时候那么是什么原因造成的黄色呢  
  
38  
00:01:52,040 --> 00:01:53,320  
上次我讲过这个问题  
  
39  
00:01:53,320 --> 00:01:57,870  
由于湿啊，湿瘀以及湿郁化热啊  
  
40  
00:01:57,870 --> 00:02:02,000  
那么造成了我们讲脾之正色为黄色啊  
  
41  
00:02:02,200 --> 00:02:03,280  
这个汉是黄的  
  
42  
00:02:04,450 --> 00:02:04,650  
呃  
  
43  
00:02:04,650 --> 00:02:06,410  
那么这种情况之后呢  
  
44  
00:02:06,690 --> 00:02:07,970  
两颈颈啊  
  
45  
00:02:07,970 --> 00:02:09,930  
就是我们的前胫骨  
  
46  
00:02:10,370 --> 00:02:12,920  
也就是膝颈的部位啊  
  
47  
00:02:13,000 --> 00:02:13,880  
西径的部位呢  
  
48  
00:02:15,320 --> 00:02:17,080  
凉啊，发凉  
  
49  
00:02:18,990 --> 00:02:23,800  
假令发热，如果说有发热症状的话  
  
50  
00:02:24,240 --> 00:02:25,000  
此属力竭  
  
51  
00:02:25,720 --> 00:02:29,280  
那么咱们知道力竭是以疼痛为主要表现的啊  
  
52  
00:02:29,800 --> 00:02:32,390  
那么呃，有寒湿  
  
53  
00:02:32,430 --> 00:02:37,130  
有湿热等等都会造成关节的疼痛  
  
54  
00:02:37,850 --> 00:02:39,490  
甚至是变形啊  
  
55  
00:02:40,900 --> 00:02:41,580  
那么这个呢  
  
56  
00:02:41,780 --> 00:02:45,940  
讲的是皇汉与狮之间的一个内在的联署  
  
57  
00:02:46,610 --> 00:02:48,890  
呃，体现在汗上有可能是黄汗  
  
58  
00:02:49,290 --> 00:02:51,450  
但如果兼有发热症状呢  
  
59  
00:02:51,650 --> 00:02:54,050  
有可能他就表现为力竭啊  
  
60  
00:02:54,820 --> 00:02:59,580  
实际上我们客观的在临床上看很多这个风湿、类风湿、关节炎的患者  
  
61  
00:02:59,930 --> 00:03:01,730  
他一旦有食欲的症状呢  
  
62  
00:03:01,930 --> 00:03:03,290  
那么很多时候病机上  
  
63  
00:03:03,330 --> 00:03:06,410  
包括症状上跟黄汉之间都有内在联系  
  
64  
00:03:07,790 --> 00:03:08,550  
那么下头呢  
  
65  
00:03:08,550 --> 00:03:11,670  
又说了一个名词叫劳气啊  
  
66  
00:03:11,750 --> 00:03:14,990  
当然了，这个在我的梅花本上显示呢  
  
67  
00:03:15,230 --> 00:03:18,220  
为荣就是我们讲容光焕发的荣  
  
68  
00:03:18,620 --> 00:03:19,860  
也读成莹，对吧  
  
69  
00:03:20,180 --> 00:03:21,300  
营气，呃  
  
70  
00:03:21,760 --> 00:03:24,440  
我个人认为这个是笔误啊  
  
71  
00:03:24,440 --> 00:03:28,040  
当然这个个人观点根据吴签本那么显示  
  
72  
00:03:28,640 --> 00:03:30,210  
呃劳啊  
  
73  
00:03:30,250 --> 00:03:33,130  
那包括很多古传的本啊，都是都是老字  
  
74  
00:03:33,330 --> 00:03:34,450  
我认为更为贴切  
  
75  
00:03:34,850 --> 00:03:36,090  
但是劳和赢呢  
  
76  
00:03:36,410 --> 00:03:40,650  
也就是我们不得不感慨古人的造字的智慧啊  
  
77  
00:03:40,650 --> 00:03:41,610  
古人有很多字  
  
78  
00:03:41,610 --> 00:03:43,010  
你看他虽然写笔误了  
  
79  
00:03:43,010 --> 00:03:45,570  
但是表达的意思他也有关联  
  
80  
00:03:45,850 --> 00:03:49,370  
因为我们讲人过虚劳之后是不是就伤迎音呢  
  
81  
00:03:50,090 --> 00:03:52,850  
尤其劳大劲儿了之后，他肯定伤阴伤盈  
  
82  
00:03:53,210 --> 00:03:54,610  
所以这个叫赢呢  
  
83  
00:03:55,000 --> 00:03:55,200  
呃  
  
84  
00:03:55,360 --> 00:03:57,520  
从意思上也能解释通啊  
  
85  
00:03:57,520 --> 00:03:58,960  
但是劳更为贴切  
  
86  
00:03:59,640 --> 00:04:01,000  
这个牢说的是什么呢  
  
87  
00:04:01,980 --> 00:04:02,580  
说这人啊  
  
88  
00:04:02,580 --> 00:04:04,180  
你别吃饭啊  
  
89  
00:04:04,220 --> 00:04:06,380  
一吃饭呢就出汗啊  
  
90  
00:04:06,380 --> 00:04:10,220  
它叫食以汗，出吃饭之后出一身汗啊  
  
91  
00:04:10,260 --> 00:04:12,220  
尤其你吃热的之后出的更厉害  
  
92  
00:04:13,000 --> 00:04:13,840  
呃，当然了  
  
93  
00:04:13,840 --> 00:04:17,160  
这个我认为有地域性的区别  
  
94  
00:04:17,160 --> 00:04:18,480  
你比如说在我国南方  
  
95  
00:04:18,959 --> 00:04:22,190  
如果在不开空调的情况下  
  
96  
00:04:22,350 --> 00:04:23,470  
在下月儿，对吧  
  
97  
00:04:23,790 --> 00:04:26,500  
那么在室外，如果你吃了一碗热汤面  
  
98  
00:04:26,500 --> 00:04:27,380  
它一定要出汗  
  
99  
00:04:27,460 --> 00:04:28,700  
这个有自然因素  
  
100  
00:04:29,020 --> 00:04:32,260  
我们不要把它这个过分的演绎  
  
101  
00:04:32,650 --> 00:04:33,730  
但是我指的是  
  
102  
00:04:33,730 --> 00:04:38,050  
通常是气候相对来说不寒不热的中原地带啊  
  
103  
00:04:38,090 --> 00:04:40,650  
在这种没有人为干预的条条件下  
  
104  
00:04:40,970 --> 00:04:43,580  
如果正常的话吃饭，哎  
  
105  
00:04:43,660 --> 00:04:44,940  
吃了饭之后浑身出汗  
  
106  
00:04:44,940 --> 00:04:47,590  
这个其实是一种虚劳的表现啊  
  
107  
00:04:47,590 --> 00:04:48,070  
咱们知道吧  
  
108  
00:04:48,070 --> 00:04:49,630  
有很多人吃饭，呃  
  
109  
00:04:50,190 --> 00:04:53,590  
那包括一些一些这个这个身体比较虚的患者啊  
  
110  
00:04:53,910 --> 00:04:55,390  
那么吃了之后浑身冒大汗  
  
111  
00:04:56,110 --> 00:04:56,310  
呃  
  
112  
00:04:56,470 --> 00:04:57,470  
那么同时呢  
  
113  
00:04:57,590 --> 00:05:00,430  
它叫右右，就是同时的意思又怎么样呢  
  
114  
00:05:01,420 --> 00:05:03,780  
伸长，那么经常会怎么样  
  
115  
00:05:04,380 --> 00:05:06,980  
叫暮卧盗汗出者，哎  
  
116  
00:05:06,980 --> 00:05:08,260  
这个就比较明确了  
  
117  
00:05:08,860 --> 00:05:10,020  
暮就是晚上  
  
118  
00:05:10,810 --> 00:05:16,860  
卧呢是就寝的意思晚上就寝之后就会在这  
  
119  
00:05:16,860 --> 00:05:19,260  
首先他提出了一个词叫盗汗  
  
120  
00:05:19,460 --> 00:05:22,400  
咱们今天老百姓都懂这个词吧  
  
121  
00:05:22,600 --> 00:05:25,920  
那很多时候老百姓跟你聊天说我盗汗，哎  
  
122  
00:05:25,960 --> 00:05:30,210  
那么呃，他也不不一定说的很准确啊  
  
123  
00:05:30,250 --> 00:05:33,250  
他说盗汗，有可能他认为白天出汗也叫盗汗  
  
124  
00:05:33,570 --> 00:05:37,970  
但是我们知道盗汗专指晚上，那么这个出处啊  
  
125  
00:05:37,970 --> 00:05:40,970  
你看在金匮要略这一条里头，他就告诉你了  
  
126  
00:05:40,970 --> 00:05:42,930  
晚上躺下之后出汗  
  
127  
00:05:43,170 --> 00:05:44,050  
这个叫盗汗  
  
128  
00:05:46,660 --> 00:05:50,910  
那么这种盗汗此他就解释了  
  
129  
00:05:50,910 --> 00:05:52,710  
最后给你个定语对不对  
  
130  
00:05:53,030 --> 00:05:53,790  
这是什么  
  
131  
00:05:54,990 --> 00:05:59,720  
那么这是劳气，就是讲过劳啊  
  
132  
00:05:59,800 --> 00:06:00,720  
那么实际上呢  
  
133  
00:06:01,160 --> 00:06:02,600  
它在内在里头呢  
  
134  
00:06:03,040 --> 00:06:07,280  
那么我们呃，跟这个力竭也好  
  
135  
00:06:07,840 --> 00:06:09,840  
恶疮也好，皇汉也好  
  
136  
00:06:09,920 --> 00:06:11,560  
他都是能够关联的啊  
  
137  
00:06:13,080 --> 00:06:14,280  
那么额  
  
138  
00:06:15,160 --> 00:06:16,520  
他告诉你，他也是汗出  
  
139  
00:06:16,800 --> 00:06:19,080  
但他是晚上汗出啊  
  
140  
00:06:19,440 --> 00:06:20,920  
他是一个虚损的状态  
  
141  
00:06:22,840 --> 00:06:23,640  
再下一条  
  
142  
00:06:24,980 --> 00:06:27,540  
若汗出，乙凡发热者  
  
143  
00:06:27,660 --> 00:06:29,340  
久久其身必假错  
  
144  
00:06:31,340 --> 00:06:35,420  
那么如果说呃汉出啊，出了汗之后  
  
145  
00:06:37,130 --> 00:06:37,970  
汗出之后呢  
  
146  
00:06:38,290 --> 00:06:40,090  
那么正常来说，汗出热退  
  
147  
00:06:40,850 --> 00:06:42,490  
但是汗出之后开始发烧  
  
148  
00:06:43,020 --> 00:06:44,140  
发烧之后怎么样呢  
  
149  
00:06:44,700 --> 00:06:46,860  
长时间这样的往复循环  
  
150  
00:06:47,380 --> 00:06:48,380  
那么久而久之  
  
151  
00:06:48,380 --> 00:06:53,300  
发现这个患者的皮肤表面呈鳞甲之状态  
  
152  
00:06:53,300 --> 00:06:54,780  
就像鱼鳞一样，没错吧  
  
153  
00:06:55,140 --> 00:06:57,940  
那么这个咱们都知道是因为什么啊  
  
154  
00:06:57,940 --> 00:06:59,650  
因为淤淤血啊  
  
155  
00:06:59,690 --> 00:07:00,290  
因为淤血  
  
156  
00:07:00,810 --> 00:07:02,370  
那么当然我们这块呢  
  
157  
00:07:02,850 --> 00:07:06,360  
还有一个跟淤血并基相通的  
  
158  
00:07:06,480 --> 00:07:08,160  
那么就是内在化脓  
  
159  
00:07:08,600 --> 00:07:10,120  
咱们之前曾经讲过这个问题  
  
160  
00:07:10,120 --> 00:07:10,720  
是不是  
  
161  
00:07:10,940 --> 00:07:11,140  
哎  
  
162  
00:07:11,180 --> 00:07:13,300  
那么内在化脓也会出现这个问题  
  
163  
00:07:13,580 --> 00:07:15,340  
那么不管是脓还是血  
  
164  
00:07:15,420 --> 00:07:19,500  
我们古人认为脓和血本身都是饮血为病  
  
165  
00:07:19,870 --> 00:07:22,310  
那么所谓这个契机呀  
  
166  
00:07:22,870 --> 00:07:25,050  
溺于饮血啊  
  
167  
00:07:25,090 --> 00:07:27,650  
溺于凑里，淤而化为脓  
  
168  
00:07:28,530 --> 00:07:31,570  
呃，那么发热不止者必生恶疮  
  
169  
00:07:32,130 --> 00:07:35,010  
那么饮血的病变时间长之后  
  
170  
00:07:35,490 --> 00:07:37,570  
淤久他就会怎么样啊  
  
171  
00:07:38,220 --> 00:07:40,180  
会生疮，会化脓啊  
  
172  
00:07:40,220 --> 00:07:41,500  
那么这个叫恶疮  
  
173  
00:07:41,860 --> 00:07:44,580  
其实它回归回来还是归到血这个层面  
  
174  
00:07:44,930 --> 00:07:48,210  
因此跟刚才我们讲的劳气也好，还是营气也罢  
  
175  
00:07:48,610 --> 00:07:50,970  
其实内在都是有关联的，啊  
  
176  
00:07:50,970 --> 00:07:54,730  
只是一个是虚，一个是阴虚致实啊  
  
177  
00:07:54,850 --> 00:07:56,210  
这么一个一个区别  
  
178  
00:07:56,870 --> 00:07:58,830  
呃，那么最后一个呢  
  
179  
00:07:59,430 --> 00:08:00,750  
比较经典  
  
180  
00:08:00,830 --> 00:08:04,430  
就是也就是我们要讲的这个要研究这个问题  
  
181  
00:08:06,120 --> 00:08:07,280  
叫呃  
  
182  
00:08:08,320 --> 00:08:10,160  
黄汉啊，黄汉怎么回事  
  
183  
00:08:12,700 --> 00:08:14,220  
身重汗出蚁啊  
  
184  
00:08:14,300 --> 00:08:17,140  
实际上它突出的就是身重汗出啊  
  
185  
00:08:17,740 --> 00:08:19,460  
突出这个，呃  
  
186  
00:08:19,700 --> 00:08:22,990  
身重汗出乙折轻啊  
  
187  
00:08:22,990 --> 00:08:25,510  
有的时候呢，好像还能轻一点  
  
188  
00:08:25,750 --> 00:08:27,670  
那么忽重忽轻的病机  
  
189  
00:08:28,340 --> 00:08:32,820  
咱们都知道，它往往是由跟湿相关联的啊  
  
190  
00:08:32,820 --> 00:08:34,940  
那么湿气就是这个特点  
  
191  
00:08:35,610 --> 00:08:37,169  
一会儿轻，一会儿重  
  
192  
00:08:38,289 --> 00:08:41,340  
99B申润啊  
  
193  
00:08:41,340 --> 00:08:43,419  
有的地方也读深顺是吧  
  
194  
00:08:43,820 --> 00:08:46,260  
总之就是肌肉跳动时间长了之后  
  
195  
00:08:46,260 --> 00:08:47,380  
肌肉啊，容易跳动  
  
196  
00:08:47,380 --> 00:08:48,960  
容易抽筋啊  
  
197  
00:08:49,640 --> 00:08:51,440  
轮际胸中痛  
  
198  
00:08:52,510 --> 00:08:54,550  
那么抽筋之后呢  
  
199  
00:08:54,590 --> 00:08:56,150  
胸中会疼痛  
  
200  
00:08:56,870 --> 00:08:58,350  
呃，所以这个呢  
  
201  
00:08:59,000 --> 00:09:00,440  
过去的人分析啊  
  
202  
00:09:00,440 --> 00:09:01,400  
这是啥意思啊  
  
203  
00:09:01,400 --> 00:09:04,280  
为啥胸中痛，一会他都是有关联的啊  
  
204  
00:09:05,580 --> 00:09:06,340  
我们接着看  
  
205  
00:09:06,820 --> 00:09:09,460  
又从腰以上必旱下无汗，哎  
  
206  
00:09:09,460 --> 00:09:11,020  
这句话是非常经典的  
  
207  
00:09:11,020 --> 00:09:12,140  
我希望大家画上  
  
208  
00:09:12,650 --> 00:09:16,050  
那么为啥腰以上无汗下无汗  
  
209  
00:09:16,680 --> 00:09:18,760  
那么我们就讲这么一个问题  
  
210  
00:09:18,760 --> 00:09:19,360  
人体啊  
  
211  
00:09:19,440 --> 00:09:22,160  
那么我们以腰旗为界限  
  
212  
00:09:22,820 --> 00:09:23,820  
往上呢，为阳  
  
213  
00:09:23,860 --> 00:09:26,420  
往下为什么为阴啊  
  
214  
00:09:26,940 --> 00:09:29,330  
那么，如果上头能出汗  
  
215  
00:09:29,330 --> 00:09:31,930  
下头不出它就说明了一个问题  
  
216  
00:09:32,390 --> 00:09:33,870  
这个人的身体呢  
  
217  
00:09:34,190 --> 00:09:37,510  
相对来说阳分是气机比较通达的  
  
218  
00:09:38,530 --> 00:09:40,730  
但是音分不通达啊  
  
219  
00:09:40,850 --> 00:09:41,810  
音分不通达  
  
220  
00:09:42,290 --> 00:09:43,250  
那么这个时候呢  
  
221  
00:09:43,250 --> 00:09:48,790  
我们就得想办法把他的音分让他的契机能够通达  
  
222  
00:09:49,150 --> 00:09:51,750  
那么这个时候问题就就可以解决了  
  
223  
00:09:51,990 --> 00:09:56,430  
因此古人呢，也往往认为一个一个事情啊  
  
224  
00:09:56,430 --> 00:09:59,470  
那么就是皇汉，实际上它是什么  
  
225  
00:09:59,990 --> 00:10:00,190  
胡  
  
226  
00:10:00,350 --> 00:10:00,550  
呃  
  
227  
00:10:01,150 --> 00:10:04,070  
俞家严先生讲了一句话，这这个  
  
228  
00:10:06,120 --> 00:10:08,240  
几个字啊，大家可以记  
  
229  
00:10:08,240 --> 00:10:13,120  
不妨记下来叫洋火独拥于独拥于上啊  
  
230  
00:10:13,160 --> 00:10:14,520  
这个我给你写一下吧  
  
231  
00:10:19,480 --> 00:10:20,360  
黄汉的兵机  
  
232  
00:10:21,320 --> 00:10:22,520  
他讲这么一个问题  
  
233  
00:10:24,320 --> 00:10:25,120  
阳火  
  
234  
00:10:28,640 --> 00:10:32,720  
独庸于上  
  
235  
00:10:34,770 --> 00:10:35,450  
那么这个呢  
  
236  
00:10:35,610 --> 00:10:38,770  
也就基本上把这一个条文我认为啊  
  
237  
00:10:38,770 --> 00:10:39,650  
就这一句话  
  
238  
00:10:40,230 --> 00:10:43,950  
把这个一个条纹整个的都关联了啊  
  
239  
00:10:43,950 --> 00:10:44,750  
都串联了  
  
240  
00:10:45,070 --> 00:10:46,870  
那么阳火独用于上呢  
  
241  
00:10:47,350 --> 00:10:48,950  
那么也就自然而然  
  
242  
00:10:49,700 --> 00:10:51,620  
我们讲这个胸中痛也好  
  
243  
00:10:51,620 --> 00:10:54,660  
还是腰以上出汗也罢啊  
  
244  
00:10:54,660 --> 00:10:56,140  
那么它都能灌解  
  
245  
00:10:57,700 --> 00:10:57,900  
呃  
  
246  
00:10:58,020 --> 00:10:59,060  
相反，历劫呢  
  
247  
00:10:59,380 --> 00:11:02,940  
那么余先生也说了一个问题，叫阴水独积于下  
  
248  
00:11:03,100 --> 00:11:05,570  
这这种时候就是那么寒  
  
249  
00:11:05,690 --> 00:11:07,170  
阴水就是含水嘛，对吧  
  
250  
00:11:07,530 --> 00:11:08,530  
它在下头  
  
251  
00:11:08,930 --> 00:11:10,650  
这样的话，两个吸净呢  
  
252  
00:11:10,650 --> 00:11:13,100  
就会冷痛啊  
  
253  
00:11:13,380 --> 00:11:15,420  
那么一个从阳水阳火论  
  
254  
00:11:15,620 --> 00:11:17,220  
一个从阴水论啊  
  
255  
00:11:17,220 --> 00:11:18,820  
那么这个是有对比的  
  
256  
00:11:19,540 --> 00:11:19,740  
呃  
  
257  
00:11:19,900 --> 00:11:22,840  
所以说这个桂枝黄芪汤  
  
258  
00:11:22,960 --> 00:11:25,520  
它核心要解决的一个问题呢  
  
259  
00:11:25,520 --> 00:11:27,840  
那么肯定是阳气内郁化火的问题啊  
  
260  
00:11:28,480 --> 00:11:30,810  
那么是什么瘀滞了阳气  
  
261  
00:11:30,850 --> 00:11:32,010  
使阳气内郁化火呢  
  
262  
00:11:32,010 --> 00:11:34,300  
实际上我们回来这四个  
  
263  
00:11:34,580 --> 00:11:37,020  
他讲的核心之一还是湿气  
  
264  
00:11:37,300 --> 00:11:38,220  
我们讲黄汗嘛  
  
265  
00:11:38,220 --> 00:11:38,460  
对吧  
  
266  
00:11:38,540 --> 00:11:41,440  
黄为脾之正色啊  
  
267  
00:11:41,640 --> 00:11:43,520  
脾之六气为湿  
  
268  
00:11:44,120 --> 00:11:47,980  
湿气瘀滞了阳，造成了阳鱼而化火啊  
  
269  
00:11:48,300 --> 00:11:51,380  
那么火气堵在上边就变成了，呃  
  
270  
00:11:51,380 --> 00:11:52,380  
桂枝加黄泥汤啊  
  
271  
00:11:52,620 --> 00:11:53,580  
这，这个非常简单  
  
272  
00:11:53,580 --> 00:11:55,020  
其实呃  
  
273  
00:11:56,140 --> 00:11:59,130  
腰宽持痛啊  
  
274  
00:11:59,170 --> 00:12:05,110  
那么腰部和髋关节呃池是指什么呢  
  
275  
00:12:05,310 --> 00:12:08,110  
就是他，你的动转不利啊  
  
276  
00:12:08,670 --> 00:12:09,670  
废弛之意啊  
  
277  
00:12:09,750 --> 00:12:10,510  
动转不利  
  
278  
00:12:11,270 --> 00:12:13,350  
疼不太好使，还疼  
  
279  
00:12:14,970 --> 00:12:18,210  
如有雾在皮中状，就好像皮肤之内呢  
  
280  
00:12:18,530 --> 00:12:19,810  
塞着东西似的  
  
281  
00:12:20,560 --> 00:12:23,480  
呃，据者不能不能食啊  
  
282  
00:12:23,520 --> 00:12:25,920  
严重的话没有食欲  
  
283  
00:12:27,770 --> 00:12:29,530  
身疼重，烦躁  
  
284  
00:12:29,650 --> 00:12:30,330  
小便不利  
  
285  
00:12:30,370 --> 00:12:31,010  
此为黄汗  
  
286  
00:12:31,370 --> 00:12:33,410  
他这个拒者不能食  
  
287  
00:12:33,950 --> 00:12:35,910  
一直到身疼痛烦躁，小便不利  
  
288  
00:12:35,950 --> 00:12:38,430  
其实还是说的一个湿瘀的问题啊  
  
289  
00:12:38,910 --> 00:12:42,000  
那么这个湿瘀呢，我们就知道有两件事  
  
290  
00:12:42,000 --> 00:12:45,720  
第一肯定是湿气淤于皮肤之中  
  
291  
00:12:47,340 --> 00:12:48,260  
那么这是第一个  
  
292  
00:12:48,540 --> 00:12:50,380  
第二呢，施于皮肤之中呢  
  
293  
00:12:51,340 --> 00:12:52,540  
那么就造成啥了呢  
  
294  
00:12:52,540 --> 00:12:53,300  
阳气被越了  
  
295  
00:12:53,300 --> 00:12:54,460  
阳气被郁之后化火  
  
296  
00:12:55,380 --> 00:12:56,420  
而且这个火呢  
  
297  
00:12:57,020 --> 00:12:58,660  
贯通于上焦  
  
298  
00:12:58,780 --> 00:12:59,820  
不贯通于下焦  
  
299  
00:13:00,380 --> 00:13:01,300  
那么咱们怎么办  
  
300  
00:13:02,180 --> 00:13:03,020  
所以这个呢  
  
301  
00:13:04,370 --> 00:13:05,410  
用古人的说法啊  
  
302  
00:13:05,530 --> 00:13:07,450  
那么就呃，非常简单  
  
303  
00:13:08,130 --> 00:13:10,610  
黄芪固阳，桂枝通阴啊  
  
304  
00:13:10,610 --> 00:13:14,220  
那么也就是本方的利益的核心  
  
305  
00:13:16,260 --> 00:13:17,460  
黄旗与黄旗  
  
306  
00:13:20,020 --> 00:13:22,980  
固阳故就是稳固的固啊阳  
  
307  
00:13:26,080 --> 00:13:30,840  
桂枝通阴  
  
308  
00:13:36,860 --> 00:13:38,660  
这句话呢  
  
309  
00:13:38,660 --> 00:13:40,340  
还是于佳言先生说的啊  
  
310  
00:13:40,340 --> 00:13:42,860  
那为啥总说他说的原因很简单  
  
311  
00:13:43,460 --> 00:13:46,480  
因为后世很多医家的注释啊  
  
312  
00:13:46,560 --> 00:13:49,160  
其实你仔细的看了之后，你会发现  
  
313  
00:13:49,920 --> 00:13:50,200  
呃  
  
314  
00:13:50,700 --> 00:13:53,220  
多数都是综，就是本条啊  
  
315  
00:13:53,690 --> 00:13:55,970  
宗俞先生愚公之论啊  
  
316  
00:13:56,010 --> 00:13:57,610  
多是从这儿演绎而来  
  
317  
00:13:57,930 --> 00:14:00,690  
那么后世当然也有一些个人的发挥和发展  
  
318  
00:14:01,090 --> 00:14:05,840  
但是主旨呢，就是捋着这条线下来的啊  
  
319  
00:14:05,920 --> 00:14:07,120  
捋着这条线下来的  
  
320  
00:14:07,680 --> 00:14:10,740  
呃，有些东西总是大同小异啊  
  
321  
00:14:12,090 --> 00:14:16,490  
那么这张方子名曰桂枝加黄芪汤  
  
322  
00:14:17,320 --> 00:14:19,600  
呃，在桂枝汤的基础上  
  
323  
00:14:19,840 --> 00:14:24,250  
桂芍各减一两加黄芪二两  
  
324  
00:14:24,690 --> 00:14:27,450  
那么黄芪本身能通行三焦啊  
  
325  
00:14:27,970 --> 00:14:31,640  
以固表取这个亿额  
  
326  
00:14:32,080 --> 00:14:35,680  
那么形成了这张桂枝加黄芪汤  
  
327  
00:14:38,280 --> 00:14:40,320  
他的应用那么眼目  
  
328  
00:14:41,940 --> 00:14:43,860  
四个字吧，就身重汗出  
  
329  
00:14:44,220 --> 00:14:46,140  
你看这人浑身沉啊  
  
330  
00:14:46,780 --> 00:14:47,420  
同时出汗  
  
331  
00:14:47,660 --> 00:14:49,100  
你光从出汗上看呢  
  
332  
00:14:49,620 --> 00:14:53,060  
像是个桂枝汤啊，这张方的人的特点  
  
333  
00:14:53,660 --> 00:14:53,860  
呃  
  
334  
00:14:54,100 --> 00:14:58,360  
看似像一个桂枝汤的病人，汗出无风啊  
  
335  
00:14:58,400 --> 00:15:00,920  
他也会有类似桂枝汤的这个这个病症  
  
336  
00:15:01,600 --> 00:15:04,200  
但是多一样浑身沉啊  
  
337  
00:15:04,480 --> 00:15:05,080  
身重嘛  
  
338  
00:15:05,080 --> 00:15:05,360  
对吧  
  
339  
00:15:05,360 --> 00:15:06,520  
身重就是有湿瘀  
  
340  
00:15:07,270 --> 00:15:08,310  
呃，有诗句呢  
  
341  
00:15:08,310 --> 00:15:11,390  
我们讲履霜坚冰至未雨而绸缪啊  
  
342  
00:15:11,670 --> 00:15:15,160  
你看到他有这个食瘀的现象之后  
  
343  
00:15:15,160 --> 00:15:17,200  
你就要考虑到食瘀很可能会化热  
  
344  
00:15:17,720 --> 00:15:19,000  
那么这个时候我们怎么办  
  
345  
00:15:19,040 --> 00:15:21,480  
把桂啊，把把那个桂枝啊  
  
346  
00:15:21,880 --> 00:15:24,790  
减量，那么防止它化热太过  
  
347  
00:15:25,310 --> 00:15:26,190  
与此同时呢  
  
348  
00:15:26,190 --> 00:15:26,710  
怎么办呢  
  
349  
00:15:27,110 --> 00:15:30,310  
把这个黄芪加上以开三焦  
  
350  
00:15:31,090 --> 00:15:32,050  
那把三焦呢  
  
351  
00:15:32,090 --> 00:15:34,410  
把它打开，气机能流通  
  
352  
00:15:34,970 --> 00:15:36,930  
那么这个问题就解决了啊  
  
353  
00:15:37,960 --> 00:15:38,160  
呃  
  
354  
00:15:38,680 --> 00:15:41,760  
那么归纳一下就是瑜伽沿线说八个字  
  
355  
00:15:42,200 --> 00:15:42,400  
呃  
  
356  
00:15:42,600 --> 00:15:45,120  
黄芪固阳，桂枝通阴  
  
357  
00:15:46,130 --> 00:15:47,570  
阳气不固则汗出吗  
  
358  
00:15:47,970 --> 00:15:50,340  
阳分不固则汗出，是吧  
  
359  
00:15:50,820 --> 00:15:51,900  
因愤不固呢  
  
360  
00:15:52,660 --> 00:15:54,660  
呃呃，因分不通啊  
  
361  
00:15:54,700 --> 00:15:56,220  
阴分不通则下焦无憾  
  
362  
00:15:57,160 --> 00:15:59,720  
所谓腰宽齿痛啊  
  
363  
00:15:59,760 --> 00:16:00,960  
都是从这来的  
  
364  
00:16:03,800 --> 00:16:07,640  
因此这张方法在临床上你也可以观察你观察这个患者呀  
  
365  
00:16:08,710 --> 00:16:10,910  
但凡是上焦之症有余  
  
366  
00:16:10,910 --> 00:16:15,030  
你看好像上身在冒汗啊这种状态，热的状态是吧  
  
367  
00:16:15,380 --> 00:16:17,420  
但是你看下肢，下肢还不好使  
  
368  
00:16:18,120 --> 00:16:20,920  
你从上肢下肢去去去理解这个方案  
  
369  
00:16:21,240 --> 00:16:23,600  
他也是他的另一个突破的思路和靶点  
  
370  
00:16:24,200 --> 00:16:25,240  
呃，有很多  
  
371  
00:16:25,240 --> 00:16:26,240  
尤其是老人啊  
  
372  
00:16:26,690 --> 00:16:28,690  
下身动转不灵活是不是  
  
373  
00:16:29,090 --> 00:16:30,450  
但上身还挺敏感  
  
374  
00:16:31,130 --> 00:16:32,930  
该冒汗冒汗，该发红发红  
  
375  
00:16:33,900 --> 00:16:34,220  
对吧  
  
376  
00:16:34,340 --> 00:16:36,820  
这种状态，那么你你你想一下啊  
  
377  
00:16:36,860 --> 00:16:41,220  
怎么能打破这个阴阳的之间的这个分隔啊  
  
378  
00:16:41,260 --> 00:16:43,460  
那么也是应用本方的靶点之一  
  
379  
00:16:44,620 --> 00:16:45,940  
在这儿呢，不再赘述  
  
380  
00:16:46,420 --> 00:16:47,420  
呃，这张方呢  
  
381  
00:16:48,050 --> 00:16:49,410  
本身出现于金匮要略  
  
382  
00:16:49,570 --> 00:16:52,370  
后世对它的应用不是很多啊  
  
383  
00:16:52,650 --> 00:16:55,410  
那么很多人认为桂枝汤本身我是升阳之方  
  
384  
00:16:55,950 --> 00:16:58,270  
那我再加上一个黄芪，我就用它补气  
  
385  
00:16:58,630 --> 00:17:01,110  
其实你光那么看这张方就窄了  
  
386  
00:17:01,410 --> 00:17:04,930  
你要知道它其实是能贯通阳分与阴分  
  
387  
00:17:05,450 --> 00:17:07,349  
沟通上下发热  
  
388  
00:17:07,349 --> 00:17:10,589  
在上之阳虚，能打通在下之寒痹  
  
389  
00:17:11,030 --> 00:17:14,020  
阴气盈阴之闭的一张良方啊  
  
390  
00:17:14,020 --> 00:17:15,700  
这个方实际上你要把它用好了  
  
391  
00:17:16,099 --> 00:17:16,380  
呃  
  
392  
00:17:16,490 --> 00:17:17,609  
有很多妙用  
  
393  
00:17:17,849 --> 00:17:19,250  
我在临床上用的很多啊  
  
394  
00:17:19,250 --> 00:17:22,770  
有的时候每天可能都会有这张方的影子出现  
  
395  
00:17:23,430 --> 00:17:25,270  
实际上它本源是治黄汉的  
  
396  
00:17:25,270 --> 00:17:28,630  
咱们就明白这个道理就行了  
  
397  
00:17:29,670 --> 00:17:29,870  
呃  
  
398  
00:17:30,070 --> 00:17:33,830  
往下看，30条是一个比较难的条啊  
  
399  
00:17:33,870 --> 00:17:34,630  
比较复杂  
  
400  
00:17:36,410 --> 00:17:39,010  
我们共同来学习理解一下这个里头  
  
401  
00:17:39,600 --> 00:17:41,200  
呃，你单看这个条文啊  
  
402  
00:17:41,280 --> 00:17:43,520  
有点呃，有两大特点  
  
403  
00:17:43,520 --> 00:17:44,560  
一是觉得有点乱  
  
404  
00:17:45,320 --> 00:17:46,480  
二呢，有的概念呢  
  
405  
00:17:46,480 --> 00:17:47,400  
不一定能看得懂  
  
406  
00:17:48,350 --> 00:17:49,870  
这个我也是试着讲讲啊  
  
407  
00:17:49,870 --> 00:17:51,910  
我理解的也不见得对，呃  
  
408  
00:17:51,910 --> 00:17:55,430  
但是呢，就是跟大家分享一下我对这条的心得  
  
409  
00:17:56,680 --> 00:17:57,480  
他是这么说的  
  
410  
00:17:57,960 --> 00:18:00,280  
诗曰寸口脉迟而涩  
  
411  
00:18:01,290 --> 00:18:01,490  
呃  
  
412  
00:18:01,890 --> 00:18:05,970  
他先呢，是用两种麦形啊来叙事来铺开  
  
413  
00:18:06,330 --> 00:18:07,610  
一个是寸口脉的迟色  
  
414  
00:18:07,650 --> 00:18:10,360  
一个是阜阳脉的微迟，啊  
  
415  
00:18:10,680 --> 00:18:13,040  
我在这习惯用我的方法来讲了不  
  
416  
00:18:13,040 --> 00:18:14,760  
不一条一条给你随文注释了  
  
417  
00:18:15,060 --> 00:18:17,660  
那么你看这两个一对比之后，他就发现了问题  
  
418  
00:18:17,980 --> 00:18:20,380  
咱们都知道扶阳脉以喉胃气对不对  
  
419  
00:18:20,780 --> 00:18:21,700  
那寸口脉呢  
  
420  
00:18:21,700 --> 00:18:23,900  
那么本身我们说肺能朝百脉  
  
421  
00:18:24,340 --> 00:18:27,980  
寸口呢，是合于手太阴本身喉肺气  
  
422  
00:18:28,750 --> 00:18:28,950  
呃  
  
423  
00:18:29,030 --> 00:18:31,670  
那么首先寸口他说了一个问题  
  
424  
00:18:31,670 --> 00:18:34,070  
叫驰而色池而涩吧  
  
425  
00:18:34,110 --> 00:18:37,280  
正常来说，咱们肯定都会去想  
  
426  
00:18:37,440 --> 00:18:38,720  
食色，它代表啥呢  
  
427  
00:18:38,760 --> 00:18:39,320  
池是啥  
  
428  
00:18:39,360 --> 00:18:39,880  
色是啥  
  
429  
00:18:40,200 --> 00:18:43,240  
但是我们知道仲景先师的行文笔法  
  
430  
00:18:43,560 --> 00:18:46,360  
一般来说这种地方不用你细琢磨  
  
431  
00:18:46,360 --> 00:18:48,120  
是不是你不用特意的说  
  
432  
00:18:48,600 --> 00:18:49,960  
那么他就告诉你了  
  
433  
00:18:50,460 --> 00:18:52,060  
呃，后头有自己的解释  
  
434  
00:18:52,220 --> 00:18:53,020  
池是什么呢  
  
435  
00:18:53,020 --> 00:18:55,020  
池是寒啊  
  
436  
00:18:55,060 --> 00:18:56,180  
他告诉你池是寒  
  
437  
00:18:56,820 --> 00:18:57,860  
那么色是啥呢  
  
438  
00:18:57,900 --> 00:18:58,340  
血不足  
  
439  
00:18:58,620 --> 00:19:00,180  
因此这个人首先啊  
  
440  
00:19:00,220 --> 00:19:03,260  
他刚才我们说那个两个脉是不是首先第一个脉  
  
441  
00:19:03,260 --> 00:19:05,640  
他就给这人做了一个白描啊  
  
442  
00:19:05,640 --> 00:19:07,320  
告诉你这是个啥样的人呢  
  
443  
00:19:08,200 --> 00:19:09,800  
又冷雪又没有  
  
444  
00:19:11,120 --> 00:19:12,960  
那不就是阳阳气阴气都没有吗  
  
445  
00:19:12,960 --> 00:19:13,200  
对吧  
  
446  
00:19:13,560 --> 00:19:14,760  
那么血又不够  
  
447  
00:19:15,120 --> 00:19:16,480  
然后又有寒啊  
  
448  
00:19:16,560 --> 00:19:17,440  
首先是这么一个人  
  
449  
00:19:17,760 --> 00:19:20,190  
第二呢，祸不单行啊  
  
450  
00:19:20,270 --> 00:19:21,430  
阜阳脉微而迟  
  
451  
00:19:22,150 --> 00:19:24,030  
那么富，阳微而驰又代表啥呢  
  
452  
00:19:24,030 --> 00:19:25,670  
他说了微为气  
  
453  
00:19:27,380 --> 00:19:30,340  
赤为寒，那么呃  
  
454  
00:19:31,680 --> 00:19:32,520  
气是啥呀  
  
455  
00:19:32,640 --> 00:19:34,320  
我们讲这块有省文  
  
456  
00:19:34,920 --> 00:19:36,800  
这个微为气，咱们分析一下  
  
457  
00:19:36,800 --> 00:19:37,560  
你都能明白  
  
458  
00:19:37,560 --> 00:19:39,940  
讲的就是阳气虚，是不是啊  
  
459  
00:19:40,380 --> 00:19:40,580  
唉  
  
460  
00:19:40,580 --> 00:19:41,300  
没有阳气  
  
461  
00:19:42,580 --> 00:19:45,680  
那么所以说叫寒气不足  
  
462  
00:19:46,120 --> 00:19:47,000  
这个大家看见了吧  
  
463  
00:19:47,440 --> 00:19:50,040  
那么寒气不足用我们今天的话来讲啊  
  
464  
00:19:50,160 --> 00:19:52,920  
这个人寒气少错了  
  
465  
00:19:54,120 --> 00:19:57,420  
古人的用词的那个语序啊  
  
466  
00:19:58,020 --> 00:20:03,300  
跟我们那个今天的呃用词的行为完全不一样  
  
467  
00:20:03,740 --> 00:20:06,700  
那么这个寒气不足说的是三三个事  
  
468  
00:20:06,940 --> 00:20:07,940  
一是寒，二是气  
  
469  
00:20:07,980 --> 00:20:08,620  
三是不足  
  
470  
00:20:09,480 --> 00:20:10,000  
没错吧  
  
471  
00:20:10,240 --> 00:20:11,800  
你看你怎么断句寒  
  
472  
00:20:11,840 --> 00:20:12,920  
就代表这人真有寒  
  
473  
00:20:13,000 --> 00:20:14,680  
第二，气是阳气虚  
  
474  
00:20:15,330 --> 00:20:17,650  
第三，这人内在不足  
  
475  
00:20:17,810 --> 00:20:18,370  
不足呢  
  
476  
00:20:18,370 --> 00:20:22,910  
又把刚才寸口脉赤赤而涩，这个又给统一了  
  
477  
00:20:23,150 --> 00:20:26,580  
所以寒气不足，你可以画一个小号啊  
  
478  
00:20:26,900 --> 00:20:29,500  
那么寒气不足就是这一个小小总结，对吧  
  
479  
00:20:29,780 --> 00:20:32,500  
就说这个人已经又寒气又虚又不足了  
  
480  
00:20:32,950 --> 00:20:33,990  
那么已经这样了  
  
481  
00:20:34,470 --> 00:20:35,830  
那么则怎么样呢  
  
482  
00:20:36,330 --> 00:20:36,490  
哎  
  
483  
00:20:36,490 --> 00:20:38,770  
那么你从我这个角度去剖开它  
  
484  
00:20:38,770 --> 00:20:40,770  
你就发现这个条纹清晰多了啊  
  
485  
00:20:40,770 --> 00:20:41,290  
简单了  
  
486  
00:20:41,690 --> 00:20:45,470  
那么寒气不足则则怎么样，则手足逆冷啊  
  
487  
00:20:45,830 --> 00:20:46,190  
是吧  
  
488  
00:20:46,870 --> 00:20:50,430  
那么又有寒阳气又微弱又不足  
  
489  
00:20:51,130 --> 00:20:53,610  
那么一摸手和脚一定冰凉  
  
490  
00:20:54,510 --> 00:20:55,830  
那么手足逆冷呢  
  
491  
00:20:56,430 --> 00:20:57,590  
则营卫不利  
  
492  
00:20:57,630 --> 00:20:59,350  
因为我们知道，呃  
  
493  
00:21:00,410 --> 00:21:03,250  
阴阳二经啊，皆交接于手足  
  
494  
00:21:04,110 --> 00:21:06,070  
凡觉者阴阳气不相顺  
  
495  
00:21:06,070 --> 00:21:07,830  
接觉者手足逆冷是也  
  
496  
00:21:08,230 --> 00:21:11,510  
那么手脚逆冷就说明阴经阳经交接不好  
  
497  
00:21:11,870 --> 00:21:15,520  
那么阴阳在人体之中还有一个角度去认识它  
  
498  
00:21:15,520 --> 00:21:17,420  
叫营卫没错吧  
  
499  
00:21:17,660 --> 00:21:19,700  
所以这块有一句话叫什么呢  
  
500  
00:21:20,180 --> 00:21:21,580  
叫营卫不利  
  
501  
00:21:22,170 --> 00:21:24,730  
那么既然这种时候啊寒气不足  
  
502  
00:21:25,410 --> 00:21:26,730  
那么手脚又逆冷了  
  
503  
00:21:26,890 --> 00:21:28,250  
所以说营卫不利  
  
504  
00:21:28,980 --> 00:21:29,180  
哎  
  
505  
00:21:29,260 --> 00:21:31,420  
于是乎营卫不利，产生了什么呢  
  
506  
00:21:31,700 --> 00:21:34,380  
这块我们先把它界定一下  
  
507  
00:21:34,380 --> 00:21:34,660  
啊  
  
508  
00:21:35,810 --> 00:21:37,690  
这这这这个位置啊  
  
509  
00:21:40,610 --> 00:21:41,530  
营卫不利  
  
510  
00:21:46,400 --> 00:21:50,440  
我们先把这个前提啊，把它界定出来  
  
511  
00:21:50,480 --> 00:21:53,240  
你看这个人是一个什么样的人  
  
512  
00:21:55,760 --> 00:21:57,640  
营卫不利的人  
  
513  
00:21:58,980 --> 00:22:01,660  
那么他的表现为手足逆冷是不是啊  
  
514  
00:22:02,100 --> 00:22:05,140  
那么造成他营卫不利的原因是什么呢  
  
515  
00:22:06,020 --> 00:22:06,860  
寒气不足  
  
516  
00:22:12,520 --> 00:22:13,920  
是吧  
  
517  
00:22:14,240 --> 00:22:16,960  
哎，这个就就就比较明确了啊  
  
518  
00:22:16,960 --> 00:22:18,640  
到这为止都比较明确  
  
519  
00:22:19,670 --> 00:22:19,870  
呃  
  
520  
00:22:20,350 --> 00:22:22,070  
那么营卫不利之后  
  
521  
00:22:22,630 --> 00:22:26,420  
他这个后头跳的就比较比较跳戏啊哈  
  
522  
00:22:26,660 --> 00:22:27,660  
他就说一个问题  
  
523  
00:22:28,060 --> 00:22:30,660  
一般我们讲那个我们知道营卫不和啥意思是吧  
  
524  
00:22:30,660 --> 00:22:33,500  
营卫不和是桂枝汤症汗出风，犹豫不利  
  
525  
00:22:33,580 --> 00:22:34,540  
头一次听说啊  
  
526  
00:22:35,060 --> 00:22:37,660  
那么由于不利会怎么怎么样呢则负满  
  
527  
00:22:38,830 --> 00:22:39,870  
哎，你注意一个问题啊  
  
528  
00:22:39,870 --> 00:22:42,230  
那赢和魏不通力之后  
  
529  
00:22:43,050 --> 00:22:44,810  
那么不这个注意我的用词啊  
  
530  
00:22:44,810 --> 00:22:46,770  
不通力是不是阴阳气不相交接啊  
  
531  
00:22:47,050 --> 00:22:48,570  
不交接之后就肚子满  
  
532  
00:22:48,650 --> 00:22:49,810  
哎，这有道理吗  
  
533  
00:22:50,930 --> 00:22:51,930  
这有没有道理啊  
  
534  
00:22:51,930 --> 00:22:53,890  
我们先搁这啊这块，呃  
  
535  
00:22:54,450 --> 00:22:56,290  
我会让你蒙5分钟啊  
  
536  
00:22:56,650 --> 00:22:58,410  
5分钟之后豁然开朗啊  
  
537  
00:22:58,990 --> 00:23:01,030  
先蒙5分钟，我们先产生疑问啊  
  
538  
00:23:01,030 --> 00:23:02,310  
我认为不怕疑问啊  
  
539  
00:23:03,390 --> 00:23:05,210  
呃，小疑则小悟  
  
540  
00:23:05,450 --> 00:23:09,290  
大疑则大悟不疑终岁不误啊，这块有一点疑问  
  
541  
00:23:09,410 --> 00:23:10,250  
留点念想  
  
542  
00:23:10,740 --> 00:23:13,020  
那么首先营位不通之后肚子就胀了啊  
  
543  
00:23:13,020 --> 00:23:15,140  
这个好像有点有点不讲道理  
  
544  
00:23:15,140 --> 00:23:16,650  
是不是，不但肚子胀  
  
545  
00:23:16,650 --> 00:23:17,330  
而且什么呢  
  
546  
00:23:17,530 --> 00:23:20,130  
他讲形容词，后头这块你别乱啊  
  
547  
00:23:20,570 --> 00:23:22,530  
后头这四个字是修饰腹满的  
  
548  
00:23:23,330 --> 00:23:26,640  
怎么个付满法，叫邪鸣相逐  
  
549  
00:23:26,640 --> 00:23:28,840  
就肚子里咕噜咕噜咕噜咕噜响，是不是啊  
  
550  
00:23:29,080 --> 00:23:30,000  
不但咕噜咕噜响  
  
551  
00:23:30,000 --> 00:23:31,960  
而且肚子里头胀啊  
  
552  
00:23:31,960 --> 00:23:32,440  
很胀  
  
553  
00:23:32,920 --> 00:23:34,040  
膨胀之后怎么办呢  
  
554  
00:23:34,160 --> 00:23:35,280  
他又说一句话啊  
  
555  
00:23:35,760 --> 00:23:40,560  
叫气转膀胱，凝卫俱牢  
  
556  
00:23:41,670 --> 00:23:42,630  
那么气机呀  
  
557  
00:23:43,310 --> 00:23:46,820  
流转于膀胱，营卫俱劳  
  
558  
00:23:46,940 --> 00:23:48,220  
劳就是我们刚才讲的那个  
  
559  
00:23:48,220 --> 00:23:51,660  
那个说那个劳气的劳是不是一回事啊  
  
560  
00:23:52,200 --> 00:23:54,000  
那么这块就大家就觉得更乱了  
  
561  
00:23:54,440 --> 00:23:55,880  
那首先气是什么气  
  
562  
00:23:56,160 --> 00:23:56,960  
哈哈哈  
  
563  
00:23:57,900 --> 00:24:00,140  
转气怎么就转到膀胱了是吧  
  
564  
00:24:00,660 --> 00:24:00,860  
哎  
  
565  
00:24:01,260 --> 00:24:01,940  
那么这个呢  
  
566  
00:24:01,980 --> 00:24:07,700  
我们根据仲景先师写伤寒金匮的通常笔法推测  
  
567  
00:24:07,980 --> 00:24:08,180  
啊  
  
568  
00:24:08,180 --> 00:24:10,020  
这个不是仲景先师亲口告诉我的啊  
  
569  
00:24:10,180 --> 00:24:11,300  
这块是我推测的  
  
570  
00:24:11,300 --> 00:24:13,420  
所以我得先把自己摘出来啊  
  
571  
00:24:13,460 --> 00:24:14,980  
不是我得先把先师摘出来  
  
572  
00:24:15,260 --> 00:24:16,580  
要有错，错是我的啊  
  
573  
00:24:17,760 --> 00:24:19,360  
根据老仙师笔法来说  
  
574  
00:24:19,940 --> 00:24:21,860  
一般情况下前后他有护纹  
  
575  
00:24:22,420 --> 00:24:24,820  
他这说气其实说的刚才的那个  
  
576  
00:24:24,940 --> 00:24:27,580  
还记不记得我这黑板上有字叫寒气不足  
  
577  
00:24:27,620 --> 00:24:28,300  
说的是阳  
  
578  
00:24:28,690 --> 00:24:29,410  
大家明白了吧  
  
579  
00:24:29,810 --> 00:24:31,490  
那么阳气就往哪儿转呢  
  
580  
00:24:32,050 --> 00:24:34,670  
往膀胱转，往膀胱转之后  
  
581  
00:24:35,030 --> 00:24:36,350  
因此就造成一个问题  
  
582  
00:24:36,350 --> 00:24:38,910  
一个营位的事，儿现在牵出了两头  
  
583  
00:24:39,370 --> 00:24:40,330  
一头是负满  
  
584  
00:24:40,410 --> 00:24:41,210  
一头是膀胱  
  
585  
00:24:42,170 --> 00:24:44,450  
不是胀肚，就是小便出问题  
  
586  
00:24:44,730 --> 00:24:46,450  
是不是就这两个事啊  
  
587  
00:24:46,450 --> 00:24:47,850  
这回这回大家不乱了吧  
  
588  
00:24:48,330 --> 00:24:48,610  
哎  
  
589  
00:24:48,610 --> 00:24:50,610  
后头你就更加不乱了啊  
  
590  
00:24:51,450 --> 00:24:53,330  
然后告诉你说阳气不通  
  
591  
00:24:53,570 --> 00:24:58,130  
那么它这块证实了我们刚才对气的推断，是不是是阳气吧  
  
592  
00:24:58,570 --> 00:25:00,250  
阳气不通，那么身上就冷  
  
593  
00:25:01,290 --> 00:25:02,970  
如果阴气不通，则怎么办呢  
  
594  
00:25:03,360 --> 00:25:04,920  
则骨头疼是不是这个道理  
  
595  
00:25:04,920 --> 00:25:05,400  
同学们  
  
596  
00:25:05,700 --> 00:25:10,020  
我们回头翻一下伤寒论和金匮要略，你细琢磨琢磨  
  
597  
00:25:10,460 --> 00:25:13,220  
但凡论中有阳气不足的地方  
  
598  
00:25:13,220 --> 00:25:15,450  
哪个身上不冷，对不对  
  
599  
00:25:15,890 --> 00:25:20,510  
但凡营音不足，我们教材现在教材叫营音瘀滞啊  
  
600  
00:25:20,590 --> 00:25:22,790  
其实都一回事，营因不通啊  
  
601  
00:25:22,790 --> 00:25:23,870  
我刚才口误了啊  
  
602  
00:25:24,270 --> 00:25:25,390  
但凡营阴不通  
  
603  
00:25:25,910 --> 00:25:27,870  
营因有瘀滞的地方，哪个身上不疼  
  
604  
00:25:28,640 --> 00:25:30,880  
从麻黄汤对吧开始算  
  
605  
00:25:31,160 --> 00:25:32,240  
往后你捋去吧  
  
606  
00:25:32,840 --> 00:25:35,680  
浑身疼的多数都是营因不通  
  
607  
00:25:35,720 --> 00:25:36,680  
老百姓都懂  
  
608  
00:25:39,480 --> 00:25:40,280  
通则不痛  
  
609  
00:25:41,280 --> 00:25:42,360  
是老百姓都懂  
  
610  
00:25:42,950 --> 00:25:44,470  
痛则不通，没错吧  
  
611  
00:25:44,790 --> 00:25:46,350  
哎，所以很多老百姓的话啊  
  
612  
00:25:46,350 --> 00:25:50,710  
我们当医生的人，不要把很多民间的俗语轻视  
  
613  
00:25:51,370 --> 00:25:53,410  
我认为自古天道不独密  
  
614  
00:25:54,010 --> 00:25:56,570  
很多东西啊，大道理啊  
  
615  
00:25:56,890 --> 00:25:59,820  
它藏在百姓日用之中啊  
  
616  
00:25:59,940 --> 00:26:01,180  
百姓日用而不知  
  
617  
00:26:01,180 --> 00:26:02,060  
你细琢磨吧  
  
618  
00:26:02,700 --> 00:26:03,860  
那么这块就说  
  
619  
00:26:05,030 --> 00:26:06,230  
阴气不通，就骨头疼  
  
620  
00:26:06,710 --> 00:26:11,750  
那么所以所以这块为啥乱乱就乱在这啊  
  
621  
00:26:11,990 --> 00:26:13,230  
他又跳了一个概念  
  
622  
00:26:13,230 --> 00:26:14,630  
你看这个条文叙述啊  
  
623  
00:26:14,990 --> 00:26:15,950  
他不断的在跳  
  
624  
00:26:16,250 --> 00:26:17,370  
但是同学们没事啊  
  
625  
00:26:17,450 --> 00:26:19,450  
因为我们这个课程是有录音的  
  
626  
00:26:19,930 --> 00:26:20,810  
你反复听  
  
627  
00:26:21,510 --> 00:26:22,510  
按照我这一条线  
  
628  
00:26:22,870 --> 00:26:24,350  
你第一次听，你准听不懂  
  
629  
00:26:24,990 --> 00:26:25,190  
哎  
  
630  
00:26:25,190 --> 00:26:26,350  
但是你，你第二次  
  
631  
00:26:26,350 --> 00:26:27,350  
第三次，第四次  
  
632  
00:26:27,790 --> 00:26:28,590  
你慢慢懂了  
  
633  
00:26:28,590 --> 00:26:29,390  
而且这个懂了之后  
  
634  
00:26:29,390 --> 00:26:31,230  
你的收获会会非常大啊  
  
635  
00:26:31,230 --> 00:26:34,550  
整个你的视野格局和用方的思路  
  
636  
00:26:34,910 --> 00:26:38,110  
整个会打开你的任督二脉啊  
  
637  
00:26:38,150 --> 00:26:38,870  
这个特别好  
  
638  
00:26:39,110 --> 00:26:41,060  
因为这块古人啊，我  
  
639  
00:26:41,100 --> 00:26:44,140  
我看到这的时候说两句闲话，我就发现了  
  
640  
00:26:44,420 --> 00:26:46,100  
尤其仲景贤师的时代  
  
641  
00:26:46,590 --> 00:26:49,750  
我通常说短条纹，好好好理解  
  
642  
00:26:49,750 --> 00:26:50,230  
对不对啊  
  
643  
00:26:50,670 --> 00:26:52,460  
长条纹啊  
  
644  
00:26:52,460 --> 00:26:54,500  
说错了就是短条文难理解  
  
645  
00:26:55,220 --> 00:26:58,340  
而长条纹比较容易理解  
  
646  
00:26:58,340 --> 00:26:59,420  
但是有相对  
  
647  
00:27:00,180 --> 00:27:04,220  
如果是若干个短条纹合到一起的长条纹更难理解  
  
648  
00:27:04,460 --> 00:27:05,840  
比如这条啊  
  
649  
00:27:05,880 --> 00:27:07,480  
所以我为什么说这么多废话  
  
650  
00:27:07,760 --> 00:27:10,000  
就是因为这块它的概念  
  
651  
00:27:10,040 --> 00:27:11,520  
仲景先是在不断的跳  
  
652  
00:27:11,760 --> 00:27:12,520  
你看到了吗  
  
653  
00:27:12,940 --> 00:27:15,460  
他刚讲一个概念，之后又跳到另一个概念上  
  
654  
00:27:15,460 --> 00:27:17,780  
不断的跳这块，又说了一个问题  
  
655  
00:27:18,420 --> 00:27:20,220  
那刚刚说完不同，对不对啊  
  
656  
00:27:20,700 --> 00:27:20,900  
哎  
  
657  
00:27:21,060 --> 00:27:22,460  
那么底下又说了一句  
  
658  
00:27:22,820 --> 00:27:25,070  
马上就像打乒乓球似的  
  
659  
00:27:25,070 --> 00:27:26,750  
正手一拍，回手又来一拍啊  
  
660  
00:27:26,750 --> 00:27:27,990  
回首他说什么  
  
661  
00:27:29,650 --> 00:27:31,690  
那么阳乾通则恶寒  
  
662  
00:27:31,730 --> 00:27:33,010  
阴乾通则必不仁  
  
663  
00:27:33,490 --> 00:27:37,450  
所以很多同学读到这的时候就彻底懵了啊  
  
664  
00:27:37,610 --> 00:27:39,160  
彻底懵了啊  
  
665  
00:27:39,200 --> 00:27:41,360  
崩溃了，说这玩意别看了  
  
666  
00:27:41,360 --> 00:27:43,120  
我直接看看方吧，对吧  
  
667  
00:27:43,440 --> 00:27:45,480  
所以很多人我在这说一句  
  
668  
00:27:45,480 --> 00:27:47,080  
可能不太那个什么的啊  
  
669  
00:27:47,390 --> 00:27:49,630  
就是很多人对伤寒金匮的学习  
  
670  
00:27:50,470 --> 00:27:53,070  
其实从这充满憧憬  
  
671  
00:27:53,960 --> 00:27:56,440  
他慢慢是很悲观的在学习我  
  
672  
00:27:56,440 --> 00:27:57,440  
我说什么问题呢  
  
673  
00:27:57,680 --> 00:27:58,480  
有很多条文  
  
674  
00:27:58,800 --> 00:28:03,940  
一开始看他是充满了这个内心的憧憬的啊  
  
675  
00:28:04,340 --> 00:28:04,660  
哎呀  
  
676  
00:28:04,700 --> 00:28:06,460  
这么一部伟大的著作，对吧  
  
677  
00:28:06,540 --> 00:28:09,020  
伤寒金匮我一定好好学啊  
  
678  
00:28:09,020 --> 00:28:09,660  
一定好好学  
  
679  
00:28:10,140 --> 00:28:10,420  
呃  
  
680  
00:28:10,970 --> 00:28:13,450  
这个为往圣继绝学，对吧  
  
681  
00:28:13,850 --> 00:28:15,410  
但是学着学着发现有一个问题  
  
682  
00:28:15,410 --> 00:28:16,490  
包括内经也是啊  
  
683  
00:28:16,870 --> 00:28:19,910  
这一段太难了啊，什么什么意思呢  
  
684  
00:28:20,350 --> 00:28:23,070  
读来读去，最后不行我先把它放一放吧  
  
685  
00:28:23,310 --> 00:28:24,470  
我先来点实用的  
  
686  
00:28:25,060 --> 00:28:28,300  
很多人是被迫从理想走到了实用啊  
  
687  
00:28:28,340 --> 00:28:29,660  
这个其实也是一个  
  
688  
00:28:30,050 --> 00:28:31,570  
也是一个没办法的事情  
  
689  
00:28:31,890 --> 00:28:35,590  
那么最后他就会干脆我就看看这个气氛  
  
690  
00:28:35,870 --> 00:28:39,390  
这两张方，一个桂枝去芍药和麻麻辛附子  
  
691  
00:28:39,390 --> 00:28:40,590  
一个止止竹丸，对吧  
  
692  
00:28:40,950 --> 00:28:42,350  
我看这俩方是咋回事  
  
693  
00:28:42,350 --> 00:28:42,750  
得了  
  
694  
00:28:43,150 --> 00:28:47,590  
很多人最后对伤寒论的学习和金匮要略的学习  
  
695  
00:28:47,590 --> 00:28:50,150  
由经论原文转向了方  
  
696  
00:28:50,880 --> 00:28:52,280  
最后我学就学这张方  
  
697  
00:28:52,280 --> 00:28:54,320  
这方法能治啥病，你就跟我说这就行了  
  
698  
00:28:54,800 --> 00:28:56,280  
原文说啥没用我不听  
  
699  
00:28:56,480 --> 00:28:58,430  
你也别跟我讲是不是啊  
  
700  
00:28:58,550 --> 00:29:00,430  
但你不能忘记一个问题  
  
701  
00:29:00,710 --> 00:29:01,710  
仲景先师呢  
  
702  
00:29:02,150 --> 00:29:04,030  
寻求古训，博采众方  
  
703  
00:29:04,430 --> 00:29:07,410  
他是以论为经典一指的对吧  
  
704  
00:29:07,730 --> 00:29:11,050  
方只是我们根据这个论的内容出的方法  
  
705  
00:29:11,370 --> 00:29:12,130  
可以有方案  
  
706  
00:29:12,130 --> 00:29:13,330  
A就可以有方案B  
  
707  
00:29:13,640 --> 00:29:15,200  
甚至A和B都不用  
  
708  
00:29:15,200 --> 00:29:15,720  
还有C  
  
709  
00:29:16,680 --> 00:29:19,520  
前提你得一定得明白仲景先师要说什么  
  
710  
00:29:19,830 --> 00:29:23,590  
这个是我非常迫切的希望大家能明白的一个道理  
  
711  
00:29:23,870 --> 00:29:26,310  
我们不能最后伤寒论就变成了伤寒方  
  
712  
00:29:26,510 --> 00:29:27,870  
我经常跟我的学生说  
  
713  
00:29:28,240 --> 00:29:30,720  
我说你们跟我学学的是伤寒论，不是伤寒方  
  
714  
00:29:31,560 --> 00:29:32,040  
明白吗  
  
715  
00:29:32,040 --> 00:29:35,700  
伤寒方不用跟我学到网上百度啊  
  
716  
00:29:35,780 --> 00:29:37,660  
百度这比我教的好多了啊  
  
717  
00:29:37,700 --> 00:29:40,100  
那那上头各种哪个方治什么病全有  
  
718  
00:29:40,460 --> 00:29:41,380  
你跟我学什么呀  
  
719  
00:29:41,380 --> 00:29:41,660  
对吧  
  
720  
00:29:42,060 --> 00:29:42,980  
你跟我学学什么  
  
721  
00:29:42,980 --> 00:29:43,700  
学伤寒论  
  
722  
00:29:44,190 --> 00:29:45,790  
学仲景先师想什么  
  
723  
00:29:46,230 --> 00:29:47,230  
学这个问题啊  
  
724  
00:29:47,550 --> 00:29:49,030  
仲景先师要教你什么  
  
725  
00:29:50,520 --> 00:29:52,120  
那么这块他就说了一个问题啊  
  
726  
00:29:53,240 --> 00:29:53,520  
呃  
  
727  
00:29:54,430 --> 00:29:57,190  
阳乾通则恶寒，阴钱通则必不然  
  
728  
00:29:57,190 --> 00:29:58,790  
那你看刚说完啊  
  
729  
00:29:59,160 --> 00:30:00,880  
阳不通身冷，阴不通骨疼  
  
730  
00:30:00,880 --> 00:30:02,240  
那咋就变成钱通呢  
  
731  
00:30:02,440 --> 00:30:03,680  
这个钱是什么啊  
  
732  
00:30:04,640 --> 00:30:05,360  
解释一下啊  
  
733  
00:30:05,360 --> 00:30:06,560  
这个有必要解释一下  
  
734  
00:30:10,540 --> 00:30:10,740  
呃  
  
735  
00:30:12,020 --> 00:30:16,220  
那么前是不是前后的意思，不是啊  
  
736  
00:30:18,900 --> 00:30:19,700  
那是啥意思  
  
737  
00:30:20,940 --> 00:30:22,260  
不跟你卖关子了啊  
  
738  
00:30:23,900 --> 00:30:24,260  
素问  
  
739  
00:30:25,740 --> 00:30:30,620  
阴阳离合论有一句话，呃叫什么呢  
  
740  
00:30:32,860 --> 00:30:34,980  
圣人，南面而立  
  
741  
00:30:37,760 --> 00:30:39,040  
啊什么呢  
  
742  
00:30:39,840 --> 00:30:42,400  
前曰广明，后曰太冲  
  
743  
00:30:43,480 --> 00:30:46,760  
太冲之上啊，太冲之地  
  
744  
00:30:48,000 --> 00:30:49,000  
名曰少阴  
  
745  
00:30:49,800 --> 00:30:53,520  
少阴之上名曰太阳，有这句话吧啊  
  
746  
00:30:58,000 --> 00:30:59,200  
那么这块啊  
  
747  
00:30:59,200 --> 00:31:02,240  
给大家解释一下什么叫前曰广明  
  
748  
00:31:02,720 --> 00:31:04,520  
后曰太冲啊  
  
749  
00:31:06,110 --> 00:31:07,910  
呃，老百姓话啊  
  
750  
00:31:07,910 --> 00:31:12,790  
都知道好风水好房宅什么特点  
  
751  
00:31:14,960 --> 00:31:16,680  
诶，什么什么特点  
  
752  
00:31:18,190 --> 00:31:21,230  
那么过去老百姓话老百姓都都都明白  
  
753  
00:31:21,630 --> 00:31:24,910  
那么你是说坐北朝南呢还是怎么样啊  
  
754  
00:31:25,570 --> 00:31:26,450  
其实最后啊  
  
755  
00:31:26,850 --> 00:31:33,370  
有一句老话和俗话叫钱有赵后有靠什么概念呢  
  
756  
00:31:33,530 --> 00:31:34,570  
什么叫前有照啊  
  
757  
00:31:35,290 --> 00:31:37,170  
你家那个南面的阳台也好  
  
758  
00:31:37,170 --> 00:31:38,410  
还是还是窗户也罢  
  
759  
00:31:38,410 --> 00:31:38,690  
对吧  
  
760  
00:31:39,130 --> 00:31:41,480  
一推开，前面视野呢  
  
761  
00:31:41,480 --> 00:31:42,120  
很开阔  
  
762  
00:31:43,560 --> 00:31:45,920  
有阳光，能进来能纳气是不是啊  
  
763  
00:31:46,600 --> 00:31:46,840  
哎  
  
764  
00:31:46,840 --> 00:31:50,370  
我们讲这个这个这个，理气峦头啊  
  
765  
00:31:50,410 --> 00:31:51,890  
那么他整个呢  
  
766  
00:31:52,690 --> 00:31:52,970  
呃  
  
767  
00:31:55,020 --> 00:31:56,220  
阳气能进来啊  
  
768  
00:31:56,780 --> 00:31:57,740  
阳气能进来  
  
769  
00:31:59,440 --> 00:32:01,040  
后有靠啥意思  
  
770  
00:32:02,200 --> 00:32:02,880  
北向啊  
  
771  
00:32:02,880 --> 00:32:07,330  
也就是背后他得有一个比较相对高大的  
  
772  
00:32:07,810 --> 00:32:08,010  
呃  
  
773  
00:32:08,170 --> 00:32:09,130  
古代是讲究  
  
774  
00:32:09,130 --> 00:32:11,330  
你要有个山，那最好是不是  
  
775  
00:32:11,760 --> 00:32:11,960  
哎  
  
776  
00:32:12,120 --> 00:32:13,480  
有个山最好，你没有山  
  
777  
00:32:13,840 --> 00:32:16,160  
那现在后头有高楼，有高大建筑  
  
778  
00:32:16,790 --> 00:32:19,990  
咱们讲背后得有一个比较大的这个  
  
779  
00:32:19,990 --> 00:32:21,230  
这个这个东西靠这  
  
780  
00:32:21,710 --> 00:32:22,590  
那么他这块呢  
  
781  
00:32:23,150 --> 00:32:24,270  
呃，叫太冲  
  
782  
00:32:25,500 --> 00:32:27,100  
实际上还有一个说法啊  
  
783  
00:32:28,280 --> 00:32:29,160  
奇门遁甲里头  
  
784  
00:32:29,960 --> 00:32:32,240  
呃，有这个用神啊  
  
785  
00:32:32,400 --> 00:32:33,120  
直符腾蛇  
  
786  
00:32:33,120 --> 00:32:34,880  
太阴六合，呃  
  
787  
00:32:34,960 --> 00:32:36,320  
白虎玄武九地九天  
  
788  
00:32:36,840 --> 00:32:39,160  
那么其中太阴太阴是什么象啊  
  
789  
00:32:39,640 --> 00:32:40,880  
太就是老的意思  
  
790  
00:32:40,920 --> 00:32:42,400  
阴就是你想想  
  
791  
00:32:42,400 --> 00:32:44,470  
就像呃音比方  
  
792  
00:32:44,470 --> 00:32:48,510  
女人非常年龄大的女人一般都是家里的靠山  
  
793  
00:32:49,100 --> 00:32:49,820  
老百姓都有  
  
794  
00:32:49,820 --> 00:32:50,420  
就这么句话  
  
795  
00:32:50,420 --> 00:32:52,660  
家有一老，如有一宝嘛是吧  
  
796  
00:32:53,020 --> 00:32:53,900  
哎，刘姥姥  
  
797  
00:32:54,340 --> 00:32:55,700  
呃呃，不是不是刘姥姥  
  
798  
00:32:55,740 --> 00:32:58,240  
那个你讲贾母  
  
799  
00:32:58,360 --> 00:32:59,040  
哈哈  
  
800  
00:32:59,390 --> 00:33:00,310  
大家明白了没有  
  
801  
00:33:00,590 --> 00:33:03,070  
就是家里就有这么个老太太，就就厉害啊  
  
802  
00:33:03,070 --> 00:33:05,830  
我们讲这个道理，就是这个就叫后有靠  
  
803  
00:33:06,110 --> 00:33:06,750  
咱明白了吗  
  
804  
00:33:06,750 --> 00:33:08,940  
这就前曰广明，后曰太冲  
  
805  
00:33:09,340 --> 00:33:13,290  
那么所以他这个前指的是阳气之用  
  
806  
00:33:14,610 --> 00:33:16,530  
阳气用事啊  
  
807  
00:33:17,400 --> 00:33:19,360  
那么流通的意思啊  
  
808  
00:33:19,400 --> 00:33:20,160  
流通的意思  
  
809  
00:33:20,520 --> 00:33:22,920  
所以阳乾通就是什么意思啊  
  
810  
00:33:23,680 --> 00:33:26,650  
阳阳分要发动  
  
811  
00:33:26,770 --> 00:33:28,930  
要发用，要通达  
  
812  
00:33:29,960 --> 00:33:32,240  
阳气一通达不得了了，怎么样  
  
813  
00:33:32,240 --> 00:33:34,040  
为啥不得了了则恶寒  
  
814  
00:33:35,280 --> 00:33:36,760  
哎，那很多同学一看就懵了  
  
815  
00:33:36,760 --> 00:33:37,400  
老师不对啊  
  
816  
00:33:37,400 --> 00:33:39,280  
阳气通达不是应该不应该恶寒吗  
  
817  
00:33:39,800 --> 00:33:41,760  
你别忘了咱们这人现在是啥人  
  
818  
00:33:42,120 --> 00:33:44,620  
回头看黑板，寒气不足吧  
  
819  
00:33:45,320 --> 00:33:46,400  
寒气不足的人  
  
820  
00:33:46,400 --> 00:33:49,080  
阳气一通达，他就不够了  
  
821  
00:33:49,560 --> 00:33:50,320  
他就恶寒了  
  
822  
00:33:50,720 --> 00:33:54,850  
你说老师，那阳气不足的人要通达还能不够吗  
  
823  
00:33:54,930 --> 00:33:55,650  
那太能了  
  
824  
00:33:56,050 --> 00:33:56,890  
我给你打个比方  
  
825  
00:33:57,770 --> 00:33:59,970  
当年的大清国，对吧  
  
826  
00:34:00,470 --> 00:34:01,630  
呃，这些列强们  
  
827  
00:34:02,230 --> 00:34:04,150  
呃，对慈禧太后呢  
  
828  
00:34:04,150 --> 00:34:04,750  
有意见  
  
829  
00:34:05,620 --> 00:34:06,980  
慈禧啊，是这样的啊  
  
830  
00:34:06,980 --> 00:34:09,500  
就是你你你干别的事我都可以忍  
  
831  
00:34:10,020 --> 00:34:11,340  
你要想把我拿下来  
  
832  
00:34:12,139 --> 00:34:15,139  
那这个事儿，你想干预我们的政治  
  
833  
00:34:15,139 --> 00:34:16,500  
那主要是干预我  
  
834  
00:34:16,940 --> 00:34:18,100  
那我就跟你急眼了  
  
835  
00:34:18,580 --> 00:34:19,420  
所以慈禧呢  
  
836  
00:34:19,659 --> 00:34:23,679  
一拍桌子，大不了就跟你们打向11国宣战啊  
  
837  
00:34:23,679 --> 00:34:25,960  
所以那时候八国联军其实是11国对吧  
  
838  
00:34:26,320 --> 00:34:27,560  
唉，向11国宣战  
  
839  
00:34:28,000 --> 00:34:29,880  
那么这个呢，就叫洋钱通  
  
840  
00:34:30,080 --> 00:34:34,370  
大家明白了没有，就是老子跟你拼了是不是这道理吧  
  
841  
00:34:34,889 --> 00:34:36,050  
但前提是这样啊  
  
842  
00:34:36,290 --> 00:34:38,650  
如果你特别强大，对方特别弱小  
  
843  
00:34:39,070 --> 00:34:40,630  
你那不叫是拼命  
  
844  
00:34:41,150 --> 00:34:43,510  
你那叫惩罚对方对不对  
  
845  
00:34:43,790 --> 00:34:44,550  
讲这么个问题  
  
846  
00:34:44,750 --> 00:34:46,590  
但反之，如果你特别虚弱  
  
847  
00:34:47,280 --> 00:34:48,360  
就像我们现在这个人  
  
848  
00:34:48,840 --> 00:34:49,760  
就像慈禧太后  
  
849  
00:34:49,760 --> 00:34:52,239  
当时主长的大清，特别弱  
  
850  
00:34:52,239 --> 00:34:52,800  
特别虚  
  
851  
00:34:52,800 --> 00:34:53,320  
特别贫  
  
852  
00:34:53,960 --> 00:34:57,440  
那个时候你跟那么强的对手去去打  
  
853  
00:34:58,000 --> 00:35:02,660  
那么其结果那么必然是慈禧挟  
  
854  
00:35:04,180 --> 00:35:06,700  
光绪帝就就惜售吧，是不是这样啊  
  
855  
00:35:07,260 --> 00:35:07,460  
哎  
  
856  
00:35:07,580 --> 00:35:09,460  
那么就最后一定是这样啊  
  
857  
00:35:11,210 --> 00:35:13,050  
那所以这块阳气不能瞎通啊  
  
858  
00:35:13,530 --> 00:35:14,970  
阳气瞎通，结果就是怕冷  
  
859  
00:35:16,170 --> 00:35:17,210  
阴气能通吗  
  
860  
00:35:18,200 --> 00:35:19,800  
阴气也不能通，为啥不能通  
  
861  
00:35:20,360 --> 00:35:22,960  
因为寒气不足是不是因为没有血  
  
862  
00:35:23,560 --> 00:35:25,120  
没有血之后你把阴一流通  
  
863  
00:35:26,120 --> 00:35:29,480  
呃，他的结果就是就尴尬了  
  
864  
00:35:29,480 --> 00:35:30,000  
打一个比方  
  
865  
00:35:30,520 --> 00:35:33,320  
呃，你们我不知道你们有没有有过这个经历啊  
  
866  
00:35:33,680 --> 00:35:35,880  
就比如睡着了，不小心把胳膊压了  
  
867  
00:35:37,060 --> 00:35:37,780  
压了之后呢  
  
868  
00:35:37,780 --> 00:35:41,340  
你发现的时候一开始胳膊是疼还是什么感觉啊  
  
869  
00:35:41,500 --> 00:35:44,700  
一开始没知觉，是不是没有感觉啊  
  
870  
00:35:44,940 --> 00:35:46,020  
这我我压过啊  
  
871  
00:35:46,020 --> 00:35:47,340  
我给你们现身说法  
  
872  
00:35:47,700 --> 00:35:49,060  
咱们一开始是没有感觉的  
  
873  
00:35:49,560 --> 00:35:51,400  
那么随后随着气血的流通  
  
874  
00:35:51,520 --> 00:35:51,720  
哎  
  
875  
00:35:51,720 --> 00:35:52,360  
有感觉了  
  
876  
00:35:53,440 --> 00:35:54,360  
什么感觉啊  
  
877  
00:35:55,180 --> 00:35:55,380  
呃  
  
878  
00:35:55,380 --> 00:35:56,900  
用我们现在流行的话来说  
  
879  
00:35:56,900 --> 00:35:58,860  
叫酸爽，是不是啊  
  
880  
00:35:59,180 --> 00:36:00,790  
那实际上就很麻啊  
  
881  
00:36:00,830 --> 00:36:01,750  
那为啥麻呢  
  
882  
00:36:01,750 --> 00:36:02,630  
是不是坏事  
  
883  
00:36:02,710 --> 00:36:03,990  
不是坏事，是好事  
  
884  
00:36:04,230 --> 00:36:06,480  
因为气血怎么样就流通了  
  
885  
00:36:06,480 --> 00:36:07,440  
怎么就说这个问题  
  
886  
00:36:07,440 --> 00:36:07,560  
哎  
  
887  
00:36:07,560 --> 00:36:09,360  
你看阴阴指的是营  
  
888  
00:36:10,230 --> 00:36:12,830  
哎，阴乾通通是那个钱是什么钱  
  
889  
00:36:12,830 --> 00:36:15,110  
我们讲乾曰广明阳气要通达  
  
890  
00:36:15,110 --> 00:36:17,590  
是不是气急要要要要流畅  
  
891  
00:36:18,420 --> 00:36:20,340  
那么气机一流畅不得了啊  
  
892  
00:36:20,380 --> 00:36:22,780  
叫壁不仁，发现胳膊咋不好使了呢  
  
893  
00:36:22,780 --> 00:36:23,380  
其实不是  
  
894  
00:36:23,580 --> 00:36:24,540  
是一直没好使  
  
895  
00:36:24,820 --> 00:36:26,460  
你之前没发现啊  
  
896  
00:36:26,460 --> 00:36:28,820  
之前他没通是不是就说这个道理  
  
897  
00:36:29,180 --> 00:36:30,820  
那么很多时候人的疼痛  
  
898  
00:36:31,110 --> 00:36:32,910  
有的特定状态之下啊  
  
899  
00:36:32,910 --> 00:36:34,030  
当气血不足的时候  
  
900  
00:36:34,310 --> 00:36:35,510  
冷不丁气血一上来  
  
901  
00:36:35,510 --> 00:36:37,030  
他的疼痛是后反劲儿的  
  
902  
00:36:37,290 --> 00:36:38,130  
你细琢磨啊  
  
903  
00:36:38,130 --> 00:36:40,370  
这个很有意思，后反劲儿的  
  
904  
00:36:41,830 --> 00:36:42,030  
呃  
  
905  
00:36:42,430 --> 00:36:44,590  
阴阳相得，其气乃行  
  
906  
00:36:44,710 --> 00:36:49,470  
那么当阴和阳都开始渐渐疏通了之后，哎  
  
907  
00:36:53,560 --> 00:36:55,360  
叫阴阳相得  
  
908  
00:37:02,460 --> 00:37:02,900  
其气  
  
909  
00:37:06,900 --> 00:37:07,420  
耐心  
  
910  
00:37:08,510 --> 00:37:10,390  
那么当什么叫阴阳相得啊  
  
911  
00:37:10,830 --> 00:37:12,030  
当阴气，哎  
  
912  
00:37:12,030 --> 00:37:14,430  
我们就举这么一个例子，大家就明白了啊  
  
913  
00:37:14,910 --> 00:37:16,710  
你要单从字面上很难理解  
  
914  
00:37:17,250 --> 00:37:18,850  
比如现在这个阴气啊  
  
915  
00:37:18,890 --> 00:37:20,210  
它是不是比较虚弱呀  
  
916  
00:37:21,140 --> 00:37:21,340  
唉  
  
917  
00:37:21,380 --> 00:37:23,540  
就像一个刚刚步入社会  
  
918  
00:37:23,860 --> 00:37:25,580  
正在创业的一个小姑娘  
  
919  
00:37:26,250 --> 00:37:26,450  
啊  
  
920  
00:37:26,450 --> 00:37:29,210  
对未来充满了问号和憧憬  
  
921  
00:37:29,970 --> 00:37:31,970  
阳气是不是也刚刚通达呀  
  
922  
00:37:32,330 --> 00:37:33,570  
阳气现在还恶寒呢  
  
923  
00:37:33,570 --> 00:37:34,250  
还怕冷呢  
  
924  
00:37:34,530 --> 00:37:37,090  
就像一个有理想有抱负的青年  
  
925  
00:37:37,650 --> 00:37:37,850  
哎  
  
926  
00:37:37,850 --> 00:37:39,130  
这个理想抱负青年呢  
  
927  
00:37:39,530 --> 00:37:40,650  
即将步入社会  
  
928  
00:37:41,250 --> 00:37:44,370  
那么开始自己的这个这个这个创业  
  
929  
00:37:44,810 --> 00:37:46,090  
那么前路未卜  
  
930  
00:37:46,790 --> 00:37:48,550  
这两个人他俩相遇了  
  
931  
00:37:48,990 --> 00:37:50,150  
大家明白我这意思没有  
  
932  
00:37:50,390 --> 00:37:51,430  
你从这你就懂了  
  
933  
00:37:51,550 --> 00:37:53,950  
现在是一个虚弱的阴和一个虚弱的阳  
  
934  
00:37:54,640 --> 00:37:56,860  
或者不叫虚弱，叫担保  
  
935  
00:37:57,060 --> 00:37:58,660  
我这么说比较那啥  
  
936  
00:37:59,100 --> 00:38:02,140  
比较比较目前还是在事业的上升期啊  
  
937  
00:38:02,420 --> 00:38:03,540  
这俩人碰一块了  
  
938  
00:38:03,660 --> 00:38:06,560  
阴阳相得则怎么样  
  
939  
00:38:06,920 --> 00:38:07,680  
其气乃行  
  
940  
00:38:08,040 --> 00:38:10,080  
那么两个人碰撞出了新的东西  
  
941  
00:38:10,660 --> 00:38:10,860  
哎  
  
942  
00:38:10,860 --> 00:38:11,660  
这大家懂了吧  
  
943  
00:38:11,980 --> 00:38:13,220  
那么碰撞出了什么  
  
944  
00:38:13,420 --> 00:38:16,980  
就是我们这个条文气氛他要讲的一个核心问题啊  
  
945  
00:38:16,980 --> 00:38:17,860  
我们接着往后看  
  
946  
00:38:18,870 --> 00:38:20,430  
呃碰撞出啥了  
  
947  
00:38:21,470 --> 00:38:22,550  
大气一转  
  
948  
00:38:23,110 --> 00:38:24,910  
奇气乃散，哎  
  
949  
00:38:29,100 --> 00:38:31,420  
大气一转  
  
950  
00:38:34,000 --> 00:38:36,600  
其气乃散  
  
951  
00:38:38,200 --> 00:38:42,680  
那么这个前头的气和后头的气是不是一个意思  
  
952  
00:38:43,240 --> 00:38:44,560  
大家明眼人一看就知道  
  
953  
00:38:44,560 --> 00:38:46,790  
绝对不是前头的气呢  
  
954  
00:38:47,430 --> 00:38:48,110  
是正气  
  
955  
00:38:48,990 --> 00:38:50,230  
后面的气是邪气  
  
956  
00:38:50,710 --> 00:38:51,710  
这个大家看懂了吧  
  
957  
00:38:52,310 --> 00:38:55,490  
那么正气就是我刚才说的小男孩  
  
958  
00:38:55,490 --> 00:38:58,450  
小女孩迎和伪阴和阳相遇了  
  
959  
00:38:59,300 --> 00:39:01,620  
从比较虚弱不不能通达  
  
960  
00:39:01,700 --> 00:39:04,380  
对吧到两者之间都通达了  
  
961  
00:39:04,620 --> 00:39:05,660  
男孩有工作了  
  
962  
00:39:06,850 --> 00:39:07,370  
女孩儿呢  
  
963  
00:39:07,450 --> 00:39:09,170  
自己也找到自己的目标了  
  
964  
00:39:10,900 --> 00:39:11,100  
哎  
  
965  
00:39:11,220 --> 00:39:14,220  
找到自己的这个，这个这个这个这个节奏了  
  
966  
00:39:14,540 --> 00:39:18,500  
那么他俩都立稳脚脚跟之后，两个人  
  
967  
00:39:18,500 --> 00:39:18,660  
诶  
  
968  
00:39:18,820 --> 00:39:19,740  
相遇谈恋爱了  
  
969  
00:39:19,740 --> 00:39:21,300  
我们讲这这个大家能明白了吧  
  
970  
00:39:21,820 --> 00:39:22,100  
哎  
  
971  
00:39:23,440 --> 00:39:27,240  
之后就必然会产生一个问题，叫大气一转  
  
972  
00:39:29,110 --> 00:39:31,030  
其气乃散，有的时候啊  
  
973  
00:39:31,150 --> 00:39:32,630  
世间洞明皆学问  
  
974  
00:39:33,360 --> 00:39:35,640  
哎你你你医理不通的时候  
  
975  
00:39:35,640 --> 00:39:37,280  
你从世间常理去想想  
  
976  
00:39:37,560 --> 00:39:40,280  
就很很复杂的问题，变得很简单啊  
  
977  
00:39:40,930 --> 00:39:42,210  
那么这个大气一转  
  
978  
00:39:42,650 --> 00:39:44,530  
讲的就是营卫人的阴阳  
  
979  
00:39:44,690 --> 00:39:46,090  
是不是就阴阳二气  
  
980  
00:39:46,680 --> 00:39:49,040  
只有阴和阳碰到一块，才有一转  
  
981  
00:39:50,360 --> 00:39:53,720  
你单独的阴和单独的阳，它转不了啊  
  
982  
00:39:53,920 --> 00:39:55,240  
阴和阳碰一起才能转  
  
983  
00:39:55,800 --> 00:39:57,560  
其气乃散的气是哪个气  
  
984  
00:39:57,960 --> 00:40:00,920  
我们刚才其实讲过这个了啊  
  
985  
00:40:01,420 --> 00:40:02,580  
傅满还记不记得  
  
986  
00:40:03,460 --> 00:40:03,660  
哎  
  
987  
00:40:03,820 --> 00:40:06,780  
覆满邪名香烛，我刚才说了这个了吧  
  
988  
00:40:07,100 --> 00:40:10,530  
弄不好就就就就就就那啥了  
  
989  
00:40:10,770 --> 00:40:11,850  
还往膀胱走啊  
  
990  
00:40:12,690 --> 00:40:12,970  
唉  
  
991  
00:40:13,010 --> 00:40:13,890  
往膀胱走  
  
992  
00:40:16,440 --> 00:40:18,760  
那么呃，这块呢  
  
993  
00:40:18,960 --> 00:40:20,440  
就说一个问题啊  
  
994  
00:40:22,320 --> 00:40:24,320  
阴和阳，其实二者呀  
  
995  
00:40:25,160 --> 00:40:26,160  
如同什么呢  
  
996  
00:40:27,710 --> 00:40:29,150  
我们经常讲这么一个问题啊  
  
997  
00:40:30,110 --> 00:40:34,330  
羊呢，如同乾音如同坤  
  
998  
00:40:37,460 --> 00:40:38,500  
阳为前三连  
  
999  
00:40:38,740 --> 00:40:40,300  
阴为坤六断，对不对啊  
  
1000  
00:40:40,860 --> 00:40:43,060  
那么大气一转，其气乃散  
  
1001  
00:40:44,280 --> 00:40:45,480  
说的是什么啊  
  
1002  
00:40:45,910 --> 00:40:47,550  
这块要给大家解释一下啊  
  
1003  
00:40:48,030 --> 00:40:50,030  
实际在伤寒金匮中都有这个事  
  
1004  
00:40:50,550 --> 00:40:54,720  
我们说乾卦的位置最好是在下边  
  
1005  
00:40:54,720 --> 00:40:58,000  
儿坤卦位置最好在上边  
  
1006  
00:40:58,400 --> 00:40:59,560  
你细琢磨琢磨啊  
  
1007  
00:41:00,000 --> 00:41:01,720  
但凡乾卦在下面的  
  
1008  
00:41:01,720 --> 00:41:03,240  
我给大家举过这个例子吧  
  
1009  
00:41:04,010 --> 00:41:04,850  
都是好卦  
  
1010  
00:41:05,330 --> 00:41:07,130  
呃，不是至少都都不错啊  
  
1011  
00:41:07,130 --> 00:41:10,210  
什么那个那个那个，地天泰啊  
  
1012  
00:41:10,250 --> 00:41:10,570  
对吧  
  
1013  
00:41:11,130 --> 00:41:12,330  
哎，火天大有啊  
  
1014  
00:41:13,250 --> 00:41:14,730  
哎，就是等等啊  
  
1015  
00:41:15,410 --> 00:41:15,610  
呃  
  
1016  
00:41:15,770 --> 00:41:17,970  
基本都是都是相对比较好一点啊  
  
1017  
00:41:18,410 --> 00:41:22,220  
但是天在上一般都不咋好  
  
1018  
00:41:22,260 --> 00:41:25,220  
比如天雷无妄，是不是讲这个事啊  
  
1019  
00:41:25,660 --> 00:41:27,450  
那么一个理儿啊  
  
1020  
00:41:28,290 --> 00:41:31,650  
那么所以说正常阴阳的状态应该是阳在下  
  
1021  
00:41:31,650 --> 00:41:32,370  
阴在上  
  
1022  
00:41:33,670 --> 00:41:34,430  
阳在下呢  
  
1023  
00:41:34,430 --> 00:41:36,310  
天气下降之后，蒸腾地气  
  
1024  
00:41:36,310 --> 00:41:37,070  
地气能上升  
  
1025  
00:41:37,870 --> 00:41:39,310  
这样的话，乾坤交泰  
  
1026  
00:41:40,510 --> 00:41:41,270  
乾坤交泰  
  
1027  
00:41:41,830 --> 00:41:42,550  
因此说  
  
1028  
00:41:43,610 --> 00:41:46,890  
还有一个我，我这是我个人的一个推断啊  
  
1029  
00:41:47,970 --> 00:41:49,490  
大气一转的大  
  
1030  
00:41:50,740 --> 00:41:54,220  
你细看古人认为大者  
  
1031  
00:41:56,070 --> 00:41:57,830  
太也这没毛病吧  
  
1032  
00:41:58,750 --> 00:42:03,700  
大者太也大就是太太阳病  
  
1033  
00:42:03,700 --> 00:42:07,420  
在很多古传的伤寒论版本版本里也叫大阳没错吧  
  
1034  
00:42:08,260 --> 00:42:09,460  
那么太者呢  
  
1035  
00:42:13,720 --> 00:42:15,920  
泰者泰也交泰的泰  
  
1036  
00:42:17,280 --> 00:42:18,760  
哪个泰地天泰  
  
1037  
00:42:25,120 --> 00:42:26,680  
如何转匹成态  
  
1038  
00:42:26,760 --> 00:42:27,600  
大家明白了吧  
  
1039  
00:42:28,150 --> 00:42:29,470  
哎，如何转劈成泰  
  
1040  
00:42:29,990 --> 00:42:34,550  
把脾卦变成泰卦就是我们这一条的一个核心问题啊  
  
1041  
00:42:36,080 --> 00:42:37,840  
那么所以说这个大气一转  
  
1042  
00:42:38,360 --> 00:42:39,040  
其气乃散  
  
1043  
00:42:39,080 --> 00:42:41,400  
说的什么脾卦变成了泰卦  
  
1044  
00:42:41,520 --> 00:42:44,180  
那么阴阳的转换，呃  
  
1045  
00:42:44,500 --> 00:42:46,540  
后头又补了一句话，啊  
  
1046  
00:42:48,260 --> 00:42:48,780  
实则  
  
1047  
00:42:51,200 --> 00:42:55,520  
呃，使使气虚则什么  
  
1048  
00:42:57,050 --> 00:42:59,730  
一密名曰气氛  
  
1049  
00:43:00,730 --> 00:43:02,250  
所谓实则使气  
  
1050  
00:43:03,720 --> 00:43:03,920  
呃  
  
1051  
00:43:04,920 --> 00:43:06,280  
虚则一逆  
  
1052  
00:43:06,560 --> 00:43:07,320  
名曰七分  
  
1053  
00:43:07,400 --> 00:43:08,080  
说的是啥  
  
1054  
00:43:08,480 --> 00:43:10,040  
什么是实，什么是虚  
  
1055  
00:43:11,060 --> 00:43:12,540  
呃，这个我个人呢  
  
1056  
00:43:13,380 --> 00:43:13,980  
认为啊  
  
1057  
00:43:13,980 --> 00:43:17,100  
你回头看看，还是这个阴阳离合论啊  
  
1058  
00:43:17,100 --> 00:43:18,820  
里头原话，呃  
  
1059  
00:43:19,560 --> 00:43:22,160  
阳者天气也主外  
  
1060  
00:43:22,560 --> 00:43:24,320  
阴者地气也主内  
  
1061  
00:43:25,190 --> 00:43:27,590  
故阳道实，阴道虚  
  
1062  
00:43:28,390 --> 00:43:30,230  
他讲的还是阴阳啊  
  
1063  
00:43:30,830 --> 00:43:34,480  
那么阳道实则腹中转气嘛  
  
1064  
00:43:34,720 --> 00:43:38,520  
那么气机不通阴道虚则肾气不能固固  
  
1065  
00:43:38,560 --> 00:43:41,360  
摄则则会有遗尿之患啊  
  
1066  
00:43:41,760 --> 00:43:42,800  
所以这个叫气氛  
  
1067  
00:43:43,200 --> 00:43:44,520  
那么气愤之病呢  
  
1068  
00:43:44,680 --> 00:43:46,240  
实际上你细琢磨啊  
  
1069  
00:43:47,630 --> 00:43:50,070  
你细琢磨气氛之变  
  
1070  
00:43:58,620 --> 00:43:59,500  
是啥意思啊  
  
1071  
00:43:59,540 --> 00:44:02,540  
这个分是啥意思在这我简单解释一下啊  
  
1072  
00:44:03,700 --> 00:44:08,420  
呃，我们很多人觉得那是不是后世说的气氛和血分呢  
  
1073  
00:44:08,740 --> 00:44:09,860  
也对也不对啊  
  
1074  
00:44:09,860 --> 00:44:11,060  
这里头还有一个含义  
  
1075  
00:44:11,060 --> 00:44:12,140  
大家必须要明白  
  
1076  
00:44:12,420 --> 00:44:13,420  
在金匮之中  
  
1077  
00:44:13,500 --> 00:44:15,780  
凡是仲景先师说到分的时候  
  
1078  
00:44:15,780 --> 00:44:17,700  
他有特指有啥特质呢  
  
1079  
00:44:19,910 --> 00:44:24,750  
我不知道大家还记不记得前文我们说过一句话，经水前断后病水  
  
1080  
00:44:26,190 --> 00:44:28,110  
名曰什么雪粪还记得吗  
  
1081  
00:44:29,010 --> 00:44:33,010  
呃，先病水后经水段名曰水分啥意思  
  
1082  
00:44:33,690 --> 00:44:36,810  
由血导致的水病叫血分  
  
1083  
00:44:37,820 --> 00:44:40,260  
由水导致的血病叫水分  
  
1084  
00:44:41,020 --> 00:44:44,500  
那么什么什么分代表先机是什么  
  
1085  
00:44:45,720 --> 00:44:46,840  
以谁为先机  
  
1086  
00:44:46,960 --> 00:44:47,960  
以谁为原因  
  
1087  
00:44:48,780 --> 00:44:49,860  
以谁为胃病  
  
1088  
00:44:50,020 --> 00:44:50,980  
这个大家明白了吧  
  
1089  
00:44:51,340 --> 00:44:53,620  
那么从这个角度上来说，治胃病啊  
  
1090  
00:44:53,900 --> 00:44:54,980  
你治他的先级  
  
1091  
00:44:55,440 --> 00:44:56,880  
不要治他的后继，对不对  
  
1092  
00:44:57,320 --> 00:44:57,520  
哎  
  
1093  
00:44:57,760 --> 00:44:58,880  
从这个角度上来说  
  
1094  
00:45:00,000 --> 00:45:03,430  
那么气氛说的就是这一类病  
  
1095  
00:45:03,750 --> 00:45:05,310  
是以我们刚才讲的  
  
1096  
00:45:06,470 --> 00:45:11,690  
气机的脾色为主要发病原因的一系列疾病  
  
1097  
00:45:12,100 --> 00:45:14,140  
其实我个人理解啊  
  
1098  
00:45:14,140 --> 00:45:17,300  
这个我理解就就就不代表仲景先师的意思了  
  
1099  
00:45:17,300 --> 00:45:20,630  
是我个人理解，我觉得这个气氛病  
  
1100  
00:45:21,670 --> 00:45:28,390  
可以理解成伤寒论中脾症的一个外展啊  
  
1101  
00:45:28,510 --> 00:45:29,310  
注意我的用词  
  
1102  
00:45:29,710 --> 00:45:33,990  
伤寒论脾正的延展延伸，对吧  
  
1103  
00:45:34,470 --> 00:45:37,030  
就是这个气氛为啥  
  
1104  
00:45:37,030 --> 00:45:38,870  
因为它同样都是一个  
  
1105  
00:45:40,860 --> 00:45:44,940  
犹太成痞，我们又要转否成泰的一个道理  
  
1106  
00:45:45,260 --> 00:45:47,940  
道理相通，那么如何解决呢  
  
1107  
00:45:50,110 --> 00:45:52,270  
解决方有两张啊  
  
1108  
00:45:54,020 --> 00:45:54,220  
呃  
  
1109  
00:45:54,220 --> 00:45:56,660  
有很多人抠条文说你看这个  
  
1110  
00:45:57,540 --> 00:46:00,620  
一个是大如大如盘啊  
  
1111  
00:46:01,330 --> 00:46:02,970  
这个这个边如悬杯  
  
1112  
00:46:03,090 --> 00:46:05,770  
还有一个说大如盘，但是边如旋盘  
  
1113  
00:46:06,450 --> 00:46:07,330  
我觉得啊  
  
1114  
00:46:07,910 --> 00:46:10,150  
这个抠字眼儿啊，就不用这么抠了  
  
1115  
00:46:10,590 --> 00:46:12,750  
在临床上都是那儿硬明白了  
  
1116  
00:46:12,750 --> 00:46:14,650  
没有他说的啥概念啊  
  
1117  
00:46:14,730 --> 00:46:16,850  
一个是桂枝去芍加麻辛附子汤  
  
1118  
00:46:17,450 --> 00:46:18,650  
还有一个是谁啊  
  
1119  
00:46:19,660 --> 00:46:21,740  
哎，植株汤就这俩方子啊  
  
1120  
00:46:23,180 --> 00:46:23,580  
那么  
  
1121  
00:46:25,930 --> 00:46:27,490  
呃第一个啊  
  
1122  
00:46:29,010 --> 00:46:31,730  
桂枝去芍药加麻辛附子汤  
  
1123  
00:46:34,060 --> 00:46:36,740  
他讲了气氛膝下间  
  
1124  
00:46:38,350 --> 00:46:39,950  
那么首先就突出了气氛  
  
1125  
00:46:40,310 --> 00:46:41,950  
实际上后两张方呢  
  
1126  
00:46:42,350 --> 00:46:44,670  
也都是气氛的一个演绎  
  
1127  
00:46:45,020 --> 00:46:47,500  
但是为啥同样一个事情  
  
1128  
00:46:48,150 --> 00:46:50,110  
要用不同的两张方来说呢  
  
1129  
00:46:50,590 --> 00:46:53,390  
我们先下课休息10分钟  
  
1130  
00:46:53,940 --> 00:46:54,140  
唉  
  
1131  
00:46:54,340 --> 00:46:57,700  
然后一会儿，我们接着聊好同学们下课